EPSDT Comprehensive Benefit and Prior Authorizations

#3 of a 3-Webinar Series for Providers

Spring, 2019
AGENDA

✓ Welcome and Introductions
✓ EPSDT Basics – Preventive Care
✓ EPSDT Comprehensive Care Benefit
✓ Medical Necessity under EPSDT
✓ Prior Authorization Requests
✓ Links to other EPSDT Webinars
✓ Thank you and Q & A
✓ Resources
EPSDT Basics – Preventive Care
Comprehensive EPSDT Benefit

Who gets the EPSDT Benefit? All children covered by Health First Colorado (Colorado’s Medicaid program) and age birth through 20 years old

Starts with Preventive Care & is COMPREHENSIVE

- Health & Developmental history
- Physical exam
- Immunizations
- Labs & Blood lead screening*
- Anticipatory guidance and education
- Behavioral health screening & treatment
- Vision and hearing screening and treatment of concerns
- Oral health screening & treatment
- Advanced Diagnostics when developmental delays are suspected
- Treatment that cures or ameliorates acute or long term developmental concerns and illnesses

* New CDPHE data shows that there is high risk for lead exposure in drinking water in parts of the following counties: Moffat, Rio Blanco, Delta, Pitkin, Gunnison, Montezuma, Montrose, Dolores, San Juan, San Miguel, La Plata, Archuleta, Hinsdale, Eagle, Summit, Larimer
Early Identification & Treatment

- The benefit covers any medically necessary service needed to diagnose and treat potential physical, intellectual or emotional delays
- There are no pre-existing conditions limits, no annual caps on service and no lifetime spending limits
- The EPSDT benefit gives eligible children access to a comprehensive range of medical, behavioral health, vision, hearing and oral health services
- This benefit is more robust that most private insurance plans
Examples of what can be covered under the EPSDT benefit include:

- Physician, Nurse Practitioner, Physician Assistant and hospital services
- Physical, speech/language and occupational therapies
- Home health services, durable medical equipment, supplies and appliances
- Treatment for mental health and substance use disorders
- Treatment for vision, hearing and dental disease/impairments
- And more…
HCBS Services for Children

Not an EPSDT benefit, but some kids may be eligible for Home and Community Based Services (HCBS).

- HCBS services are non-medical, long term care services available to individuals who qualify for Medicaid and are assessed to qualify for these additional services.

For more information on these services, check out:
https://www.colorado.gov/hcpf/programs-individuals-physical-or-developmental-disabilities
Medical Necessity Under EPSDT
Medical Necessity for EPSDT

- Medical necessity for EPSDT services is more flexible than with other benefits
- **Medically necessary** services that meet the **Eligible For Coverage Criteria** can be covered **even if services are not explicitly covered under Colorado’s Medicaid Plan**
- Even if the service does not cure the illness or condition, it can be covered if it **improves, maintains or ameliorates** the individual’s overall health or **prevents** the development of additional health problems

**Service must meet one or more of the following criteria:**
- **Prevents or diagnoses** the onset of an illness, condition or disability
- **Cures, corrects, or reduces** the physical, mental, cognitive, or developmental effects of an illness, injury or disability
- **Reduces or ameliorates** the pain and suffering caused by illness, injury or disability
- Assists the individual to **achieve or maintain maximum functional capacity** in performing ADLs
EPSDT Medical Necessity Does NOT Include

• Experimental or investigational treatments

• Services or items not generally accepted as effective; or not within normal course and duration of treatment

• Services for caregiver or provider convenience
Prior Authorization Requests (PARs)
# Prior Authorization Requests (PARs)

## Who Should Receive the Prior Authorization Request?

### Rocky Mountain Health Plans

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<tr>
<th>Send the Request to...</th>
<th>For this service...</th>
<th>More information</th>
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<tbody>
<tr>
<td>Rocky Mountain Health Plans</td>
<td>Prime Member <strong>Medical Services</strong> that require a PAR – for a list, go to <a href="https://www.rmhp.org/i-am-a-provider/provider-resources/prior-authorization">https://www.rmhp.org/i-am-a-provider/provider-resources/prior-authorization</a></td>
<td>Call RMHP at 888-282-8801 or use the RMHP provider portal. Admitting facilities can call: 800-416-2157, option 4 or 970-248-5197</td>
</tr>
<tr>
<td>RAE Prime and non-Prime Behavioral Health services, including: inpatient hospitalization, acute treatment units, short- and long-term residential, day treatment, IOP, testing and ECT therapy</td>
<td>Call RMHP at 888-282-8801. Admitting facilities can call the same number</td>
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# Prior Authorization Requests (PARs)

## Who Should Receive the Prior Authorization Request?
### Health First (Colorado’s Medicaid Program)

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<td>Health First (Colorado’s Medicaid Program)</td>
<td>Non-Prime RAE Members for services including: Audiology, behavioral therapy, diagnostic imaging, DME, inpatient admissions, PT and OT, long term</td>
<td>Go to: <a href="http://www.coloradopar.com">http://www.coloradopar.com</a> or call 888-801-9355</td>
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| Health First (Colorado’s Medicaid Program) | Prime Member medical “wrap-around” services that require a PAR, including: • Dental care • Vision care • Inpatient hospitalization • Non-emergent medical transportation (NEMT) • Private duty nursing | Note: RMHP Prime covered services may differ between what is covered for children and coverage for adults. See Member handbook [https://www.rmhp.org/medicaid-chp-plus/understand-health-first-co/rmhp-prime](https://www.rmhp.org/medicaid-chp-plus/understand-health-first-co/rmhp-prime) for a comprehensive list of Wrap-Around services. Go to: [http://www.coloradopar.com](http://www.coloradopar.com) or call 888-801-9355 |
Thank you and Questions
THANK YOU!

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Previous Webinar Slides & Recordings
Lunchtime EPSDT Webinars

Please find Recordings and Slides for this and previous EPSDT Provider Webinars here: https://www.rmhp.org/i-am-a-provider/questions-faqs/hfc-overview

**Webinar 1** – Best Practices for Timely Preventive Care

**Webinar 2** – EPSDT Coding & Billing

**Webinar 3** – EPSDT Comprehensive Benefit and Prior Authorizations
AAFP – Remove Roadblocks and Improve Access to Preventive Care

RMHP Getting Started Guide for Members
https://www.rmhp.org/medicaid-chp-plus/understand-health-first-co/regional-organization

RMHP Provider Resources & Support
https://www.rmhpcommunity.org/acc/resources

Health First Colorado (Colorado’s Medicaid Program) Provider Web Portal User Guides

Health First Provider Webinars and Quick Guides
https://www.colorado.gov/hcpf/interchange-resources

Health First List of Procedure Codes requiring Prior Authorization
https://www.colorado.gov/pacific/sites/default/files/Appendix%20M-Procedures%20Requiring%20PARs%201_2.pdf

Health First Provider information regarding EPSDT
Resources

Information on the Health First (Colorado Medicaid) Provider Services Call Center
https://www.colorado.gov/pacific/sites/default/files/Provider%20Call%20Center%20 Cheat%20Sheet.pdf

Health First General Provider Billing Manual
https://www.colorado.gov/pacific/sites/default/files/General_Provider_Information%20v2_2.pdf

Health First EPSDT Billing Manual
https://www.colorado.gov/pacific/sites/default/files/CMS1500_EPSDT%20v1_2.pdf

Health First Pediatric Behavioral Health Therapy general info:
https://www.colorado.gov/pacific/hcpf/pediatric-behavioral-therapies

Health First Pediatric Behavioral Health Therapy Billing Manual
https://www.colorado.gov/pacific/sites/default/files/CMS1500_Pediatric_Behavioral%20Therapies%20v1_2.pdf

Rocky Mountain Health Plans (RMHP) Prior Authorization lists for Medical and Behavioral Health
https://www.rmhp.org/i-am-a-provider/provider-resources/prior-authorization
Provider tutorial on using the EPSDT 837P eClaim submission form

RMHP Formulary and Prior Authorization list for Pharmacy
https://www.rmhp.org/i-am-a-provider/provider-resources/pharmacy---prior-authorization

Colorado Lead Reporting Requirements
https://www.colorado.gov/pacific/cdphe/lead-health-professionals

Prior Authorization Information for Providers – Rocky Mountain Health Plans
https://www.rmhp.org/i-am-a-provider/provider-resources/prior-authorization

Prior Authorization Information for Providers - Health First
http://www.coloradopar.com

Prime Member Handbook (info on wrap-around services)
https://www.rmhp.org/medicaid-chp-plus/understand-health-first-co/rmhp-prime