Potentially Avoidable Costs (PAC)

Incentivized Physical Health KPI

February 12th, 2020
FY19 PAC Project “High-Level”

Project period is each Fiscal Year (FY).

1st Project Period was FY 2018-2019 –

- **Episodes of Focus**
  - Diabetes
  - Depression & Anxiety
  - Substance Use Disorder (SUD)

RMHP was successful in completing the deliverables/requirements for the PAC project in the 1st year. Much of the work in this 1st year was geared towards setting the program up and working to implement interventions under the new RAE structure.
FY20 PAC Project “High-Level”

We are currently in the 2\textsuperscript{nd} Project period – FY 2019-2020 which ends 6/30/20.

This FY PAC Project maintains episodes of focus that were in the prior year PAC Project. This is an effort to continue work already in progress, but also due to lack of time for prior interventions to show positive outcome and ultimately decrease the overall PAC costs.

Data used is from Prometheus, shared by the Department and comes from claims and managed care encounters for the time period of 7/1/16 through 6/30/18.

\underline{Split vs. Unsplit:}

Split focuses on more of the population perspective and Unsplit focuses on single episodes of care.
FY20 PAC Episodes of Care

The 3 Episodes of care identified for this FY PAC Project are:

• **Diabetes**
  • Unsplit PAC cost = $10,648,463
  • Members impacting cost = 3,737
  • Top 2 Categories of service identified
    – Inpatient
    – Outpatient - ER

• **Depression & Anxiety**
  • Unsplit PAC cost = $6,868,612
  • Members impacting cost = 19,939
  • Top 2 Categories of service identified
    – Outpatient – ER
    – BH - Inpatient

• **Substance Use Disorder (SUD)**
  • Unsplit PAC cost = $19,913,452
  • Members impacting cost = 9,058
  • Top 2 Categories of service identified
    – Inpatient
    – Outpatient – ER

Return on Investment (ROI): The hope and goal is to decrease PAC by $1,563,005.68 for these 3 episodes of care, after factoring in the costs to implement the interventions identified.
FY20 Interventions

• **Overarching Intervention categories are Care Coordination and Practice Transformation.**
  • Intervention deliverables are called “Milestones” – these interventions are meant to ultimately encourage behavior change and service delivery culture to impact and reduce cost that are considered PAC.

• **Diabetes has 6 intervention milestones**
  • e.g. Education from PT, Practice PAC Reports for action, Care Coordination outreach

• **Depression & Anxiety has 9 intervention milestones**
  • e.g. Telehealth services expansion, Medication Adherence, Education from PT, Practice PAC reports for action

• **SUD has 6 intervention milestones**
  • e.g. Signal BH Partnership – including SBIRT implementation and Peer Support/Care Navigation, Staff training, Education from PT
Questions?

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