Rocky Mountain Health Plans Case Management Agency
Family Support Council

Executive Summary:

The Family Support Council (FSC) met to review the Family Support Services Program (FSSP) budget, enrollment and spending trends, the Most in Need (MIN) assessment process, the Family Support Plan (FSP), and potential enhancements to the program's "Other" service category. Council members also discussed opportunities to improve support for siblings and families affected by intellectual and developmental disabilities.

Attendance:

Name	Designated Service Area Lived Experience	Attendance
Family Support Council Members		
Cathlene Swann	DSA13 Family Member	Virtual
Nicole Quintana	DSA14 Family Member	Absent
Krystal Carder	DSA16 Family Member	Absent
Wenona Harper	DSA17 Family Member	Virtual
Kathleen Rapier	DSA18 - Family Member, Chairperson	Virtual
Facilitators and CMA		
Julie Reiskin	Facilitator - CCDC	Absent
Alison Sbrana	Facilitator - CCDC	Absent
Heather Murphy	RMHP CMA Director (FSSP Program Coordinator)	Virtual
Dyann Walt	RMHP CMA Manager (FSSP Lead)	Virtual
Sheila Worth	RMHP CMA Contract Lead	Virtual

1. Welcome & Introductions

Kathleen, FSC Chairperson, welcomed everyone to the meeting and reviewed the purpose and requirements of the council. Kathleen went over the agenda and reminded everyone to turn in their Participation Agreement if they hadn't already done so.

2. Data – FSSP Budget, Enrollment, and Program Utilization

The council learned that although the FSSP budget appears to have available capacity based on enrollment numbers alone, funding decisions must account for obligations

across multiple programs and the uncertainty of future service utilization. This has led to a cautious enrollment strategy and an ongoing discussion about how to make the best use of limited resources.
A key discussion point was the challenge of balancing available funding with member needs. Staff noted that some families use little or none of their annual allocations, while other families remain on the waitlist with unmet needs. This prompted discussion about future strategies to:

- Encourage members to use allocated funds throughout the year.
- Better understand when families are intentionally reserving funds for future expenses.
- Consider how unused allocations affect access for waitlisted families.
- Monitor budgets across all state-funded programs to reduce financial risk while maximizing family support.

3. Most In Need Assessment Review

The council reviewed the Most in Need (MIN) Assessment, which is used to evaluate a family's support needs and determine FSSP funding allocations. The council generally supported the current MIN assessment structure but identified a potential opportunity to better capture the effects of disability on siblings and the broader family system, especially where those impacts may drive the need for supports and services. The discussion concluded with agreement that the council should continue examining:

- Whether additional family-centered questions should be added to the MIN assessment.
- Whether sibling and family impacts should play a larger role in scoring or service planning.
- How assessment questions align with available FSSP services so that identified needs can realistically be addressed.

4. Family Support Plan Review

The council reviewed the Family Support Plan (FSP) and how it is used to identify, prioritize, and authorize services for families enrolled in FSSP. Staff explained that the FSP is completed at enrollment, annually, and is informed by the results of the MIN assessment. The purpose is to identify areas where family needs exceed available resources and to determine which services will best support the member and family.

Members discussed how some services, particularly recreation and parent/sibling supports, can benefit the entire family while still addressing the needs of the member with a disability. Examples included family recreation passes and supports that help siblings participate in activities that may otherwise be limited due to caregiving demands.

5. Other Service Category

The "Other" service category currently provides flexibility for CMAs to address unmet needs that do not fit neatly into existing service categories. Council members and staff

brainstormed potential uses for this category, including:

- Supports for siblings affected by disability-related family demands.
- Replacement of household items damaged by disability-related behaviors.
- Transportation or vehicle-related needs that create barriers to accessing services.
- Parent education or training opportunities that improve a family's ability to support the member.

The FSP discussion reinforced how services are approved and highlighted an opportunity to better address family-wide impacts of disability, particularly through potential enhancements to the flexible "Other" service category. Members were encouraged to think about common unmet needs and bring ideas back for future discussion.

6. Wrap up and Action Items

- Distribute presentation materials
- The next council meeting is scheduled for January 14, 2027.

7. Adjourned at 1:30 PM

FY26-27 Summary of Council Suggestions and Results

Council Idea or Suggestion	CMA Follow-up Actions

Do Not Include any Protected Health Information (PHI)