



ROCKY MOUNTAIN HEALTH PLANS®

A UnitedHealthcare Company

BHASO Region 1

Rocky Mountain Health Plans

Regional Advisory Council

Meeting Minutes

Date: December 18, 2025

Time: 2:30–4:30 PM

Key Updates & Recap

- **October 2025 meeting notes approved.**
- **Reviewed October activities:**
 - **Code of Conduct finalized**
 - **Bylaws reviewed**
 - **Community Needs Assessment discussed**
 - **Emphasis on stakeholder/lived experience input**
 - **Need for community feedback mechanisms**
 - **Commitment to transparent, purposeful council process**

BHASO 101 (Presented by Meg Taylor)

- **Overview of BHASO history and purpose—serving uninsured/underinsured behavioral health needs across four regions.**
- **Region 1 focus: connect individuals to behavioral health services.**

Goal Setting & Metrics

Council discussed developing:

- **Short-, medium-, and long-term goals**

- A dashboard for tracking metrics with simple, digestible visuals
- A mockup will be drafted (Meg to lead)

Desired Metrics include:

- **Access:** wait times, same-day access
- **Utilization:** increased uptake in high-need populations
- **Outcomes:** reduced ER visits, improved housing stability, qualitative experiences
- **Client experience:** trust, engagement, testimonials

Population Needs & System Challenges

Key focus areas:

- Support for small nonprofits and community-trusted organizations
- Ensuring resilience and protective factors
- Understanding existing collaborations
- Spotlighting gaps and underrepresented populations

Major challenges identified:

- High-acuity youth and DHS involvement
- Limited QRTP access
- Rural mental health crisis
- Cuts to community support services, esp. in Las Animas County
- Aging populations with increased behavioral health needs
- Need for expanded HCBS and caregiver support
- Workforce and resource constraints

Collaboration, Data Sharing & Community Engagement

- Avoiding duplication and survey fatigue
- Encouraging cross-system collaboration (public health, schools, regions like Signal)
- Handling information overload through better communication
- Emphasis on simple narrative explanations and consistent definitions

Key Themes

- *Trust – foundational for engagement*
- *Access – reduce wait times, provide same-day options*
- *Collaboration – alignment across regions/systems*
- *Data – define metrics, create dashboards, use data for funding*
- *Measurement – metrics first, design second*
- *System effectiveness – how services perform across access, utilization, outcomes*

Housekeeping & Next Steps

- **Council members to submit shortened bios to ReNae (optional for website posting).**
- **Meetings occur every other month, 3rd Thursday, 2:30–4:30 PM.**
- **Next meeting: February 19, 2026.**
- **Council to send Meg/ReNae ideas on goals and dashboard.**
- **Dashboard mockup to be developed.**