



# 2023 COMMUNITY FUNDING HIGHLIGHTS

## OUR COMMITMENT TO COLORADO COMMUNITIES

At Rocky Mountain Health Plans, a UnitedHealthcare company, we're committed to improving the health outcomes and livelihoods of all Coloradans.

Health equity is both a passion and a priority, and we work daily to close the gaps of disparity that exist for underserved populations across the state. We do this by **forging partnerships** with county and state leaders, by **working with providers and organizations** in our local communities, and by **elevating our Members' voices** to identify and deliver the resources they need and deserve. We **commit millions of dollars** through one-time and recurring investments and value-based payment models – all in support of our partners, colleagues, and neighbors.

Together, we strive to make a real impact, **right here in Colorado.**

Learn more at [rmhp.org](https://rmhp.org).

### HIGHLIGHTS AT A GLANCE



ONE-TIME INVESTMENTS

Page 2



RECURRING INVESTMENTS

Page 3



TRANSFORMATIVE PAYMENTS

Page 4



INVESTMENT RECIPIENTS

Page 5



PARTNER TESTIMONIALS

Page 7

## ONE INVESTMENT, COUNTLESS IMPACTS

Between November 2022 and October 2023, RMHP invested over \$12 million of Regional Accountable Entity (RAE) funds in the health neighborhood. This one-time funding supports community-based projects and programs that improve the health and life outcomes of Medicaid Members and promote the health of local communities and populations.



**\$12.4 MILLION**

In total one-time investments.

One-time investments were used to address social determinants of health (SDoH), increase organizational capacity, facilitate transitions of care, and support Members and enrollment organizations with the public health emergency sunset. Examples include:

### SDoH Initiatives

- Increasing the organizational capacity to coordinate and facilitate access to SDoH services, including the direct provisioning of resources and the hiring and training of staff.
- Supporting community food banks and food service agencies in response to SNAP benefit decreases.
- Supporting a homeless shelter with bridge funding during staff turnover.
- Purchasing organization vehicles for client transportation.

### Diversity, Equity, and Inclusion Initiatives

- Hiring, training, and retaining staff from diverse backgrounds.
- Modifying facilities and vehicles to increase accessibility for those living with disabilities.
- Supporting organizational activities for the LGBTQIA+ community.
- Offering signing bonuses for employees in rural and frontier counties.

### Behavioral Health Quality and Access

- Financing infrastructure and technology (including telehealth technology) to expand access to behavioral health services.
- Supplementing salaries, bonuses, and training (including funding of salaries during training) for the behavioral health services workforce, with a focus on serving people with co-occurring behavioral health and intellectual and developmental disability diagnoses.
- Developing new programs for contingency management, substance use disorder continuums of care, and co-responder programs.



### Health Care Quality and Access

- Financing infrastructure and technology to expand access to integrated behavioral health services.
- Supplementing salaries, bonuses, and training for clinicians.
- Supplementing costs of medical services and transitions of care due to gaps in coverage.
- Funding costs for transitions of care across different parts of the health neighborhood.
- Trainings for providers serving Members living with intellectual and developmental disabilities.

## RECURRING INVESTMENTS FOR CONTINUED COMMUNITY CARE

In addition to our 2023 one-time community funding initiatives, we also made \$9.5 million in recurring investments:



**\$2.9 MILLION**

To support primary care medical providers (PCMPs) in efforts to sustain integrated behavioral health and SDoH program staff, such as dietitians, clinical pharmacists, and doulas.



**\$3.9 MILLION**

In community-based care coordination teams.



**\$2.7 MILLION**

In community-based organizations, including a health information exchange, housing, food programs, and programs to promote diversity, equity, and inclusion.

Recurring investments for continued community care supported PCMP, integrated community care team (ICCT), and community-based organization (CBO) initiatives. Examples include:

### PCMP Initiatives

- Supporting a youth resiliency program coordinator to facilitate youth groups, activities, and coordination of needed services.
- Hiring integrated behavioral health providers committed to warm handoffs and covisits and facilitation of substance use disorder programs, including medication-assisted therapy.
- Offering doula services to Medicaid-eligible prenatal patients, including post natal services.
- Stationing Spanish interpreters in clinics.

### ICCT Initiatives

- Supporting case management and care coordination for Medicaid Members residing in housing facilities.
- Offering complex care coordination and services for physical and behavioral health, as well as health-related social needs.

- Developing programs specializing in youth with Department of Human Services involvement.
- Engaging county public health departments with strong community presence to assist with health care and social needs navigation.

### CBO Initiatives

- Providing transportation services for individuals with disabilities to attend social functions and fulfill personal needs.
- Developing and facilitating health equity programs for LGBTQIA+, people of color, and tribal communities.
- Facilitating Member advisory councils to inform improvements of services and care delivery.
- Implementing programs to reduce teen pregnancy and provide whole-person maternity care for under-resourced populations.
- Providing interpretive services for the deaf across the health care provider community.



## TRANSFORMATIVE PAYMENTS FOR VALUE-BASED CARE

We design, implement, and maintain value-based payment agreements to increase funding for providers who serve RAE Members with the highest needs or barriers and to sustain specific high-value services. These agreements are distinct from our community investments.



**\$450,000**

For enhanced payments to primary care for Members who are Hispanic, have a non-white racial identity, or speak a non-English primary language.



**\$1.3 MILLION**

In prospective enhanced primary care payments for those practices with the highest demonstrated capabilities.



**\$3.9 MILLION**

In community reinvestment for savings achieved through the RMHP PRIME programs.



**\$4.3 MILLION**

In capacity building to behavioral health providers to provide services integrated into community settings (programs include school-based suicide prevention, peer outreach, supportive housing, and substance use disorder programs).



**\$1.6 MILLION**

In enhanced behavioral health reimbursement for bilingual and safe-space providers, providers who serve a high proportion of Members of color or have identified SDoH needs (housing, food, transportation, social isolation, or interpersonal violence), and providers who are in rural, frontier, and underserved communities.

### Examples of Current Contracts

Eligibility for each value-based payment agreement is based on objective, national, and state criteria, and practices are evaluated at least annually to determine eligibility.

We proactively contact providers as they become eligible for a value-based payment agreement. Examples of our current contracts include:

- Delivering enhanced reimbursement for independent behavioral health providers who serve the region's most vulnerable Members (people of color, Members who are non-English speakers, Members of the LGBTQIA+ community, and Members living in rural and frontier counties).
- Providing PCMPs with enhanced monthly payments for attributed Members who are non-English speakers or identify as a racial or ethnic minority and who have the highest future expected medical utilization.
- Supporting \$1.2 million in new community-based services that are provided by independent providers. Such services include targeted case management, assistance with activities of daily living, psychological rehabilitation, employment support, prevention and early intervention services, multisystemic therapy, and other peer services.
- Offering enhanced payments for PCMPs who meet federally established quality measures, achieve behavioral health integration, participate in state Medicaid programs (such as the Medicaid Prudent Prescriber tool), and are completely open to new Medicaid Members.
- Implementing shared savings for PCMPs who meet national quality metrics for Members served in our managed care program, RMHP PRIME.
- Developing value-based payment models that support community mental health centers' ability to maintain community-based services that are unsustainable through traditional fee-for-service reimbursement. Such services include permanent supportive housing, respite, suicide prevention in schools, in-home crisis response, and transitions from psychological inpatient stays.

## PROUD TO PARTNER FOR BETTER HEALTH: OUR 2023 REGION 1 COMMUNITY INVESTMENT RECIPIENTS

|                                     |  |  |
|-------------------------------------|--|--|
| 2nd Chances Counseling Agency       | Community Food Bank  | Harrington Arts Alliance                             |
| Acorn Behavioral Health Services    | Consultants for Children                                   | Health District of Northern Larimer County           |
| Alternatives to Violence            | Creative Directions Counseling and Consulting              | Health Partnership-Grand County Rural Health Network |
| Altitude Pediatrics                 | Delta County Amulance District                             | Hilltop Health Services                              |
| Ariel Clinical Services             | Delta County Memorial Hospital                             | Homeward Bound                                       |
| Aspen Summit Wellness & Counseling  | Denver Adolescent Therapy Group                            | Hunger Free Colorado                                 |
| Axis Health                         | Dove Creek Care & Share                                    | Impact on Education                                  |
| Behavioral Health & Wellness        | Eagle Valley Behavioral Health                             | In the Weeds   |
| Bright Star Care                    | Eagle Valley Family Practice                               | Inner Strength Therapy Services                      |
| Building Hope                       | Early Morning Orchard                                      | Integrated Insight                                   |
| Care and Share Food Bank            | Eastern Colorado Services                                  | Kaiser Permanente                                    |
| Center for Enriched Communication   | Eastern Colorado Services for the Developmentally Disabled | Karis Inc.   |
| Cedar Point Health                  | EDCare   | KidStuff Child and Family Counseling                 |
| Children's Wellness Center-Colorado | Food Bank for Larimer County                               | Kikta Behavioral Health                              |
| Community Health Provider Alliance  | Food Bank of the Rockies                                   | Kings and Priests                                    |
| City of Grand Junction              | Good Samaritan Cortez                                      | LiftUp of Routt County                               |
| Clifton Christian Church Food Bank  | Grand Junction Housing Authority                           | Loving Beyond Understanding                          |
| Colorado Cross-Disability Coalition | Grand Valley Behavioral Health                             | Lower Valley Fire District                           |
| Colorado Mountain College           | Grand Valley Equine Assisted Learning Center               | Mancos United  |
| Colorado River Fire Rescue          | Grand Valley Fire Protection District                      | Marillac Clinic Inc.                                 |
| Colorado West Emergency Physicians  | Great Education Colorado                                   | Marissa Dominguez                                    |
| Community Care Alliance             | Green Root Therapy   | Memorial Regional Health                             |
| Community Compassion Outreach       | Gunnison County Department of Human Services               | Mental Health Colorado                               |

## PROUD TO PARTNER FOR BETTER HEALTH: OUR 2023 REGION 1 COMMUNITY INVESTMENT RECIPIENTS

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|--|--|--|
| Mesa County Department of Human Services   | Plan de Salud Del Valle                    | Southwest Colorado Mental Health Center        |
| Mesa County Libraries                      | Plateau Valley Fire Department             | St Mary's Family Medicine                      |
| Mesa County Public Health                  | Polaris                                    | St. Vincent Health                             |
| Mesa Developmental Services                | Poudre Valley Health System                | Steadman Group                                 |
| Midvalley Family Practice                  | Primary Care Partners                      | Summit Community Care Clinic                   |
| Mind Renewal Behavioral Health Services    | Project 1.27 (EchoFlex)                    | Summit County Government                       |
| Montrose Regional Health                   | Quality Health Network                     | Telluride Medical Center                       |
| Mountain Family                            | Raise the Future                           | The 4 Eagle Foundation                         |
| Mountain Family Health Centers             | Real Conversations Inc.                    | The Hive                                       |
| Mountain Pride                             | Recovery Resources                         | The Learning Council                           |
| Mountain Roots Food Bank                   | Rennewanz-Reeves Counseling                | The Pediatric Association                      |
| North Colorado Health Alliance             | Resilient Colorado                         | Trailhead Christian Counseling                 |
| Northern Colorado Health Partnership       | Riverside Education Center                 | Tri-County Health Network                      |
| Northwest Colorado Health                  | River Valley Family Health Center          | Tri Unity                                      |
| Olathe Community Clinic                    | Roaring Fork Family Practice               | Uncompahgre Medical Center                     |
| Oliver Behavioral Consultants              | Rocky Mountain Clinics-Front Range         | West Mountain Regional Health Alliance         |
| PDF Consulting                             | Safer More Affirming Communities           | Western Colorado Alliance                      |
| Peak Family Medicine                       | SCL Health Medical Group                   | Willow Collective                              |
| Pediatric Associates of Durango            | Signal Behavioral Health Network           | Young Invincibles                              |
| Pediatric Partners of Glenwood Springs     | Southern Ute Tribal Council                | Young People of Culture & Rainbow Youth Center |
| Pediatric Partners of the Southwest        | Southwest Center for Mental Health         | Youth Closet and Toy Chest                     |
| Pitkin County Department of Human Services | Southwest Colorado Center for Independence |  |

## WE'RE WORKING WITH OUR PARTNERS TO MAKE A REAL IMPACT FOR REAL PEOPLE, RIGHT HERE IN COLORADO

There's no sentiment that appropriately captures seeing reinvestment dollars at work. These testimonials were submitted by community partner organizations that were able to better serve Members using RMHP community investment funds.

Explore more stories that showcase the impact of RMHP community investments at [rockyimpact.com](https://rockyimpact.com).



In the last year, the Willow Collective has received over 400 referrals for very young children and their caregivers. The generous funding in the amount of \$75,000 has allowed us to continue building our Care Coordination, Peer Services, Group Therapy, and Child Care and In-Home Therapy programs. Specific examples include:

- A Willow Collective clinician was able to support a young family who was managing significant mental health and substance use issues. The mother of the two young children (ages 3 and 4) was struggling to submit an application to Poudre School District's Early Childhood Programming (Head Start). The particular mother was struggling with disorganization and overwhelm as her children were with her all day, every day. She was not able to access her own mental health care, and the children were extremely dysregulated. The occupational therapist for the children reached out to the Willow Collective, and a clinician was able to go to the home and assist in the applications. As a result, both children were enrolled in full-day preschool, allowing them to begin to become "school-ready" while also allowing the mother of the children to have some semblance of self-care.
- One of our peers has been able to act as a co-facilitator for Caring Dads. This peer has lived experience related to domestic violence and child welfare, which he has successfully navigated. He is now providing full-time care for his two young children, is in recovery from addiction, and has successfully completed probation. Each week, he joins Caring Dads and is able to offer his own lived experience, which is arguably the most powerful input the participants receive.
- Our team was able to participate in a training called The Art of Groups. Through this training process, our team was able to offer a much more comprehensive onboarding experience to group participants, as well as to ensure that child care was always available. Our child care became, in and of itself, a therapeutic intervention for very young children learning social interactions.

— *The Willow Collective*



### About The Willow Collective

The Willow Collective is a group practice that provides maternal, infant, and early childhood mental health in our community. We specialize in serving young children and families who have experienced trauma as a result of the intergenerational impacts of poverty, mental health disorders, substance use disorders, criminal involvement, and domestic violence. We utilize a dyadic treatment model, meaning we believe that children can only heal within healthy relationships with their caregivers. We have robust partnerships with medical providers, child welfare professionals, early childhood educators, and the criminal justice community. We leverage these relationships in order to ensure that we can connect and engage with those families at the highest risk of experiencing the negative impacts of adverse childhood experiences. Approximately 80% of our clients have Medicaid as their pay source.

## WE'RE WORKING WITH OUR PARTNERS TO MAKE A REAL IMPACT FOR REAL PEOPLE, RIGHT HERE IN COLORADO



Thanks to your generous and creative support and commitment, Oliver Behavioral Consultants (OBC) is opening programs and expanding current programs to serve historically underserved populations, such as Members living with disabilities and/or intellectual developmental delays, children with complex needs, and people with Serious Mental Illness, as well as providing specialized trainings to assist non-OBC licensed mental health providers to become open to and capable of serving persons with Intellectual and developmental disability, and/or Autism Spectrum Disorders when they have comorbid mental health challenges. Specifically, we have:

- Delivered six, 36-hour-long workshops addressing diagnostic similarities and differences; depression and suicide; anxiety and fear; trauma and victimization; and, other, broad-ranging issues.
- Facilitated six workshops open to 300 mental health providers serving persons in the Rocky Mountain Health Plans catchment area.
- Hired staff to provide navigation and care coordination in addition to those provided by Rocky Mountain Health Plans to support Member access. Currently non-reimbursable to OBC, we are providing transportation, food, education, justice involvement, recreation/exercise, or social connection activities.
- Added three mental health therapists, including bilingual services in our scope of practice; a feeding specialist to create high-intensity services and subsequent program expansion for persons with highly selective and restrictive eating habits; and engaged in workforce development with speech pathologists and occupational therapists in mental health and feeding therapy modalities to effectively better support mental health services provided by licensed therapists. Our retention of staff has also been stronger.
- Purchased an ADA-compliant, multiple-person vehicle to support transportation of Members and staff to serve Members in the community and increase access to care for Members living in rural or frontier areas.

Additionally, the Mobile Diagnostic Unit – a joint initiative between OBC and Rocky Mountain Health Plans – began providing services in mid-October of 2023. Since its inception, three families have experienced the advantages of receiving diagnostic support from a highly skilled team of providers in their community without traveling, missing work, and paying for hotels and meals. These initial successes exemplify the transformative potential of accessible care and underline the importance of OBC's mission in facilitating health care equity in rural Colorado and Rocky Mountain Health Plan's commitment to service and innovation.

– *Oliver Behavioral Consultants*



### About Oliver Behavioral Consultants

Oliver Behavioral Consultants (OBC) is a team of highly skilled providers representing speech pathology, applied behavior analysis, occupational therapy, and the mental health field whose sole goal is to help improve the quality of life for those that we serve. We provide trainings and therapeutic services via telehealth to all of Colorado. We specialize in serving persons with autism (ASD) and other developmental issues, including high-end diagnostic evaluations (ASD, ADHD, ID/DD, and other conditions). Ninety-five percent of our clients are Medicaid-funded; 85 percent are Latino in self-identification.