



## RMHP Case Management Agency (CMA)

We're here to help!

**How we help:** The CMA helps Medicaid Members and other individuals access long term services and supports (LTSS) also known as long term care. LTSS is a broad term for many health care programs to help people who have disabilities or older adults with daily activities.

The goal of LTSS services is to help people with disabilities or older adults live independently by providing services in their home and community instead of a nursing home or medical facility.

### Areas We Serve

- Alamosa
- Chaffee
- Conejos
- Costilla
- Custer
- Delta
- Fremont
- Grand
- Gunnison
- Hinsdale
- Jackson
- Lake
- Mesa
- Mineral
- Moffat
- Rio Blanco
- Rio Grande
- Routt
- Saguache

### Examples of services offered in our programs for individuals who qualify:

- Help keeping your home safe and clean
- Assistance with bathing and dressing
- Transportation for daily activities
- Help for caregivers
- Food preparation
- Day programs
- And many more....

### Start the process to qualify for LTSS or refer an individual for LTSS:

Call us at one of these numbers:

- 970-243-7050
- 800-346-4643
- State relay: 711

Email us at [CMAIntake@uhc.com](mailto:CMAIntake@uhc.com)

### How do I qualify?

#### Qualification for LTSS services is based on:

- Age requirements
- Specific diagnoses or conditions
- Needing help with life activities like bathing, eating, or dressing
- Meeting program-specific financial eligibility requirements

Have questions? Call us...we're here to help!

**970-243-7050 or 800-346-4643**

