

This content has been created to supplement the MCG care guidelines. MCG Health has neither reviewed nor approved the modified material.

RMHP Orthoptic Training

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MCG Health
Ambulatory Care
27th Edition

[Link to Codes](#)

- [Description](#)
- [Clinical Indications](#)
- [Policy History](#)
- [References](#)
- [Codes](#)

Description

[Return to top of RMHP Orthoptic Training - AC](#)

Orthoptic Training: The physician prescribes exercises to correct ocular problems, most frequently caused by ocular muscle imbalances. The patient is trained to perform these therapeutic exercises to improve vision by gaining the proper binocular cooperation of the eyes one with the other, such as when one eye's vision and movement is neglected to avoid seeing double. These exercises, which are designed to improve the function of the eye muscles, frequently include repetitive tasks with prisms, color cards, or rods, and moving objects progressively closer or further away in different planes. Report [92065](#) if training is performed by the physician or other qualified health care professional and [92066](#) if performed under their supervision.

Clinical Indications

[Return to top of RMHP Orthoptic Training - AC](#)

For **RMHP Individual and Family Plan (IFP) Commercial** plans, Orthoptic training is a specific exclusion and is not a covered benefit (**NAB**). Requests cannot be approved. See Certificate of Coverage plan document.

For **RMHP Medicare plans, both CareAdvantage and Dual Special Needs Plan (DSNP)**, apply the UHC guideline UnitedHealthcare Commercial Medical Policy, Visual Information Processing Evaluation and Orthoptic and Vision Therapy, Policy Number: 2023T0072X, Effective Date: March 1, 2023. See References section.

For **RMHP PRIME (Medicaid) and CHP+ plans**, apply the guideline UnitedHealthcare Community Plan Medical Policy, Visual Information Processing Evaluation and Orthoptic and Vision Therapy Policy, Number: CS131.L, Effective Date: June 1, 2022. See References section.

Policy History

[Return to top of RMHP Orthoptic Training - AC](#)

Policy created 3/28/2023 for new CPT 92066 and to clarify coverage for 92065 by line of business. 2023 committee review with approval.

References

UnitedHealthcare Community Plan Medical Policy, Visual Information Processing Evaluation and Orthoptic and Vision Therapy, Policy Number: CS131.L Effective Date: June 1, 2022 reviewed 3/28/2023.

<https://www.uhcprovider.com/content/dam/provider/docs/public/policies/medicaid-comm-plan/visual-information-processing-evaluation-orthoptic-vision-therapy-cs.pdf>

Located internally at S:\GJ_SHARE\CM\Policy. Process. Workflows\Clinical Policy_Coverage Guidelines\Clinical GMM\MCG UHC Guideline Copies filename UHC visual-information-processing-evaluation-orthoptic-vision-therapy-cs

UnitedHealthcare Commercial Medical Policy Visual Information Processing Evaluation and Orthoptic and Vision Therapy, Policy Number: 2023T0072X Effective Date: March 1, 2023, reviewed 3/28/2023.

<https://www.uhcprovider.com/content/dam/provider/docs/public/policies/comm-medical-drug/visual-information-processing-evaluation-orthoptic-vision-therapy.pdf>

Located internally at S:\GJ_SHARE\CM\Policy. Process. Workflows\Clinical Policy_Coverage Guidelines\Clinical GMM\MCG UHC Guideline Copies filename UHC visual-information-processing-evaluation-orthoptic-vision-therapy-IFP

Rocky Mountain Health Maintenance Organization, Incorporated Individual Exchange Medical Policy (Certificate / Evidence of Coverage document) 2023.

CMS Medicare Coverage Database search shows not National or Local Coverage Determination or policy article on 3/28/2023.

Novitas MAC Medicare Physician Fee Schedule (MPFS) shows 92065 and 92066 are status A, active, covered, priced on 3/28/2023.

The Colorado Department of Health Care Policy and Financing (HCPF) Health First Colorado Fee Schedule shows 92065 and 92066 priced/covered on 3/28/2023.

Definition of CPT codes from Optum encoderPro on 3/28/2023.

Codes

CPT® : 92065, 92066

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