



EMPLOYEE ASSISTANCE PROGRAM

The Employee Assistance Program (EAP) from Rocky Mountain Health Plans (RMHP) is offered through Optum. Our EAP can help your employees find the confidential support they need to deal with grief and loss, divorce, parenting issues, child and elder care, or financial and legal issues.

2020 Monthly Rates

Program Type	Per Member Per Month
EAP Plus: 5 Face-to-Face Sessions	\$0.85
Telephonic EAP	\$0.50

