



EPSDT Comprehensive Benefit and Prior Authorizations

#3 of a 3-Webinar Series for Providers

Fall, 2018



AGENDA

- ✓ Welcome and Introductions
- ✓ EPSDT Basics – Preventive Care
- ✓ EPSDT Comprehensive Care Benefit
- ✓ Medical Necessity under EPSDT
- ✓ Prior Authorization Requests
- ✓ Links to other EPSDT Webinars
- ✓ Thank you and Q & A
- ✓ Resources



EPSDT Basics – Preventive Care

A stylized graphic of a mountain range in shades of brown and tan, positioned in the lower right quadrant of the slide. A large, thin, dark brown arc curves over the mountains, resembling a rising sun or a protective shield. The background is a solid dark brown color.

Comprehensive EPSDT Benefit

Who gets the EPSDT Benefit? All children covered by Health First Colorado (Colorado's Medicaid program) and age birth through 19 years old (until the 20th birthday)

Starts with Preventive Care & is *COMPREHENSIVE*

- **Health & Developmental** history
- **Physical exam**
- **Immunizations**
- **Labs & Blood lead screening***
- **Anticipatory guidance** and education
- **Behavioral health** screening & treatment
- **Vision and hearing** screening and treatment of concerns
- **Oral health** screening & treatment
- **Advanced Diagnostics** when developmental delays are suspected
- **Treatment** that cures or ameliorates acute or long term developmental concerns and illnesses

* New CDPHE data shows that there is high risk for lead exposure in drinking water in parts of the following counties: Moffat, Rio Blanco, Delta, Pitkin, Gunnison, Montezuma, Montrose, Dolores, San Juan, San Miguel, La Plata, Archuleta, Hinsdale, Eagle, Summit, Larimer



EPSDT Comprehensive Care Benefit

A stylized, dark brown mountain range graphic is positioned in the lower right quadrant of the slide. The mountains are composed of several jagged peaks of varying heights. A large, thin, dark brown arc curves over the top of the mountain range, extending from the left side towards the right edge of the slide. The background is a solid, muted reddish-brown color.

Early Identification & Treatment

- The benefit covers any medically necessary service needed to diagnose and treat potential physical, intellectual or emotional delays
- There are no pre-existing conditions limits, no annual caps on service and no lifetime spending limits
- The EPSDT benefit gives eligible children access to a comprehensive range of medical, behavioral health, vision, hearing and oral health services
- This benefit is more robust than most private insurance plans



EPSDT covers these and...

Examples of what can be covered under the EPSDT benefit include

- Physician, Nurse Practitioner, Physician Assistant and hospital services
- Physical, speech/language and occupational therapies
- Home health services, durable medical equipment, supplies and appliances
- Treatment for mental health and substance use disorders
- Treatment for vision, hearing and dental disease/impairments
- And more...



HCBS Services for Children

Not an EPSDT benefit, but some kids may be eligible for Home and Community Based Services (HCBS).

- HCBServices are non-medical, long term care services available to individuals who qualify for Medicaid and are assessed to qualify for these additional services.

For more information on these services, check out:

<https://www.colorado.gov/hcpf/programs-individuals-physical-or-developmental-disabilities>



Medical Necessity Under EPSDT

A stylized graphic of a mountain range in shades of brown and tan, positioned in the lower right quadrant of the slide. A large, thin, dark brown arc curves over the mountains and extends towards the left side of the slide.

Medical Necessity for EPSDT

- Medical necessity for EPSDT services is more flexible than with other benefits
- **Medically necessary** services that meet the **Eligible For Coverage Criteria** can be covered *even if services are not explicitly covered under Colorado's Medicaid Plan*
- Even if the service does not cure the illness or condition, it can be covered if it **improves, maintains or ameliorates** the individual's overall health or **prevents** the development of additional health problems

Service must meet one or more of the following criteria:

- Prevents or diagnoses the onset of an illness, condition or disability
- Cures, corrects, or reduces the physical, mental, cognitive, or developmental effects of an illness, injury or disability
- Reduces or ameliorates the pain and suffering caused by illness, injury or disability
- Assists the individual to achieve or maintain maximum functional capacity in performing ADLs



EPSDT Medical Necessity Does NOT Include

- Experimental or investigational treatments
- Services or items not generally accepted as effective; or not within normal course and duration of treatment
- Services for caregiver or provider convenience



Prior Authorization Requests (PARs)

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Prior Authorization Requests (PARs)

Who Should Receive the Prior Authorization Request? Rocky Mountain Health Plans

Send the Request to...	For this service...	More information
Rocky Mountain Health Plans	Prime Member Medical Services that require a PAR – for a list, go to https://www.rmhp.org/i-am-a-provider/provider-resources/prior-authorization	Call RMHP at 888-282-8801 or use the RMHP provider portal. Admitting facilities can call: 800-416-2157, option 4 or 970-248-5197
Rocky Mountain Health Plans	RAE Prime and non-Prime Behavioral Health services, including: inpatient hospitalization, acute treatment units, short- and long-term residential, day treatment, IOP, testing and ECT therapy	Call RMHP at 888-282-8801. Admitting facilities can call the same number

Prior Authorization Requests (PARs)

Who Should Receive the Prior Authorization Request? Health First (Colorado's Medicaid Program)

Send the Request to...	For this service...	More information
Health First (Colorado's Medicaid Program)	Non-Prime RAE Members for services including: Audiology, behavioral therapy, diagnostic imaging, DME, inpatient admissions, PT and OT, long term	Go to: http://www.coloradopar.com or call 888-801-9355
Health First (Colorado's Medicaid Program)	Prime Member medical "wrap-around" services that require a PAR, including: <ul style="list-style-type: none">• Dental care• Vision care• Inpatient hospitalization• Non-emergent medical transportation (NEMT)• Private duty nursing	Note: RMHP Prime covered services may differ between what is covered for children and coverage for adults. See Member handbook https://www.rmhp.org/medicaid-chp-plus/understand-health-first-co/rmhp-prime for a comprehensive list of Wrap-Around services. Go to: http://www.coloradopar.com or call 888-801-9355

RMHP and Healthy Communities

Goals of the partnership:

- Improve access to the benefit
- Improve education and awareness of the benefit

Healthy Communities supports families in obtaining both preventive (screening, diagnosis) and sick care/mitigation (treatment)

Healthy Communities provides:

- Scheduling assistance for transportation
- 60 day follow up for eligible Members
- Explanation of benefits and referral for providers
- Assistance with food insecurity
- Coordination with WIC, Nurse Family Partnership, Head Start, DHS and other agencies



Thank you and Questions



THANK YOU!

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Previous Webinar Slides & Recordings

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Lunchtime EPSDT Webinars

Please find Recordings and Slides for this and previous EPSDT Provider Webinars here: <https://www.rmhp.org/i-am-a-provider/questions-faqs/hfc-overview>

Webinar 1 – Best Practices for Timely Preventive Care

Webinar 2 – EPSDT Coding & Billing

Webinar 3 – EPSDT Comprehensive Benefit and Prior Authorizations



RESOURCES



Resources

AAFP – Remove Roadblocks and Improve Access to Preventive Care

<https://www.aafp.org/fpm/2011/0900/p26.html>

RMHP Getting Started Guide for Members

<https://www.rmhp.org/medicaid-chp-plus/understand-health-first-co/regional-organization>

RMHP Provider Resources & Support

<https://www.rmhpcommunity.org/acc/resources>

Health First Colorado (Colorado’s Medicaid Program) Provider Web Portal User Guides

<https://colorado-hcp-portal.xco.dcs-usps.com/hcp/provider/Home/tabid/135/Default.aspx>

Health First Provider Webinars and Quick Guides

<https://www.colorado.gov/hcpf/interchange-resources>

Health First List of Procedure Codes requiring Prior Authorization

https://www.colorado.gov/pacific/sites/default/files/Appendix%20M-Procedures%20Requiring%20PARs%201_2.pdf

Health First Provider information regarding EPSDT

<https://www.colorado.gov/hcpf/early-and-periodic-screening-diagnostic-and-treatment-epsdt-providers>



Resources

Information on the Health First (Colorado Medicaid) Provider Services Call Center

<https://www.colorado.gov/pacific/sites/default/files/Provider%20Call%20Center%20Cheat%20Sheet.pdf>

Health First General Provider Billing Manual

https://www.colorado.gov/pacific/sites/default/files/General_Provider_Information%20v2_2.pdf

Health First EPSDT Billing Manual

https://www.colorado.gov/pacific/sites/default/files/CMS1500_EPSDT%20v1_2.pdf

Health First Pediatric Behavioral Health Therapy general info:

<https://www.colorado.gov/pacific/hcpf/pediatric-behavioral-therapies>

Health First Pediatric Behavioral Health Therapy Billing Manual

https://www.colorado.gov/pacific/sites/default/files/CMS1500_Pediatric_Behavioral%20Therapies%20v1_2.pdf

Rocky Mountain Health Plans (RMHP) Prior Authorization lists for Medical and Behavioral Health

<https://www.rmhp.org/i-am-a-provider/provider-resources/prior-authorization>



Resources

Provider tutorial on using the EPSDT 837P eClaim submission form

https://www.colorado.gov/pacific/sites/default/files/Web%20Portal%20837P_0416.pdf

RMHP Formulary and Prior Authorization list for Pharmacy

<https://www.rmhp.org/i-am-a-provider/provider-resources/pharmacy---prior-authorization>

Colorado Lead Reporting Requirements

<https://www.colorado.gov/pacific/cdphe/lead-health-professionals>

Prior Authorization Information for Providers – Rocky Mountain Health Plans

<https://www.rmhp.org/i-am-a-provider/provider-resources/prior-authorization>

Prior Authorization Information for Providers - Health First

<http://www.coloradopar.com>

Prime Member Handbook (info on wrap-around services)

<https://www.rmhp.org/medicaid-chp-plus/understand-health-first-co/rmhp-prime>

