

Advantage Four-Tier Drugs Requiring Step Therapy

Some medications on the RMHP formulary require Step Therapy. Usually when a medication requires Step Therapy it means there are one or more similar medications that are lower cost or are more widely accepted to be used first. These “Step 1” medications are safe and effective, and offer a similar treatment benefit. Our Step Therapy requires that one or more of these Step 1 medications is tried first. If you have a new prescription for any drug listed in the “Drugs” column below, you will be required to meet the conditions listed in the “Step Therapy Criteria” column.

If your prior pharmacy claims show you have met the criteria in the specified time frame, the requested drug may be covered at the pharmacy. If not, your pharmacy will contact your doctor for further review.

Drugs	Step Therapy Criteria
Actemra	Cimzia, Humira, Simponi
Acyclovir ointment	oral famciclovir (generic Famvir), oral valacyclovir (generic Valtrex), oral acyclovir (generic Zovirax)
Advate	Coverage of Advate requires separate trials of three of the following: (1) Kogenate FS, (2) Kovaltry, (3) NovoEight, (4) Nuwiq
Adynovate	Coverage of Adynovate requires separate trials of three of the following: (1) Kogenate FS, (2) Kovaltry, (3) NovoEight, (4) Nuwiq
Aimovig	Must try two: amitriptyline (Elavil), One of the following beta-blockers: atenolol, metoprolol, nadolol, propranolol, or timolol, divalproex sodium (Depakote/Depakote ER), OnabotulinumtoxinA (Botox), topiramate (Topamax), venlafaxine (Effexor/Effexor XR)
Ajovy	Must try Aimovig and Emgality. Plus must try two: amitriptyline (Elavil) One of the following beta-blockers: atenolol, metoprolol, nadolol, propranolol, or timolol. Divalproex sodium (Depakote/Depakote ER), OnabotulinumtoxinA (Botox), topiramate (Topamax), venlafaxine (Effexor/Effexor XR)
Amitiza	Linzess, Symproic
Apidra & Apidra SoloStar	Three month trial - Humalog or Humalog 75/25
Arymo ER	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Atripla	Member is not an appropriate candidate for one of the following: Symfi or Symfi Lo, Triumeq, Isentress/Isentress HD plus Cimduo, Tivicay plus Cimduo, Juluca
Avinza	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Belsomra	Must try two: eszopiclone (Generic Lunesta), zolpidem (Generic Ambien) or zaleplon (Generic Sonata)
Beser lotion	Must try two: fluticasone propionate 0.05% (generic Cutivate) cream hydrocortisone butyrate 0.1% ointment (generic Locoid), hydrocortisone valerate 0.2% cream (generic Westcort), prednicarbate 0.1% cream (generic Dermatop), prednicarbate 0.1% ointment
Bosulif	imatinib (generic Gleevec), Tasigna
Braftovi	One of: Tafinlar plus Mekinist or Zelboraf plus Cotellic
Bravelle	Gonal-F

Drugs	Step Therapy Criteria
Butrans	Must try both: tramadol extended-release (generic Ultram ER), Belbuca
Cialis (BPH diagnosis only)	Cardura (doxazosin), Flomax (tamsulosin), Hytrin (terazosin), Rapaflo (silodosin), Uroxatral (alfuzosin)
Cloderm cream (clocortolone pivalate 0.1% cream)	mometasone furoate cream 0.1% (generic Elocon)
Cordran SP cream (flurandrenolide 0.05% cream)/Cordran lotion (flurandrenolide 0.05% lotion)	Must try two: fluticasone propionate 0.05% (generic Cutivate) cream, hydrocortisone butyrate 0.1% ointment (generic Locoid), hydrocortisone valerate 0.2% cream (generic Westcort), prednicarbate 0.1% cream (generic Dermatop), prednicarbate 0.1% ointment (generic Dermatop)
Cordran ointment (flurandrenolide 0.05% ointment)	fluocinolone acetonide 0.025% ointment (generic Synalar)
Cosentyx	Humira, Stelara
Crinone	Secondary Amenorrhea – medroxyprogesterone (generic Provera), or progesterone capsules (generic Prometrium). All other Indications: Endometrin
Cutivate (fluticasone propionate 0.05% lotion)	Must try two: fluticasone propionate 0.05% (generic Cutivate) cream, hydrocortisone butyrate 0.1% ointment (generic Locoid), hydrocortisone valerate 0.2% cream (generic Westcort), prednicarbate 0.1% cream (generic Dermatop), prednicarbate 0.1% ointment (generic Dermatop)
Daklinza	Epclusa, Harvoni, Mavyret, Zepatier
Depakote, Depakote ER & Depakote Sprinkles	divalproex sodium ER
Descovy	Truvada
Desonate (desonide 0.05% gel)	Must try two: fluticasone propionate 0.05% (generic Cutivate) cream, hydrocortisone butyrate 0.1% ointment (generic Locoid), hydrocortisone valerate 0.2% cream (generic Westcort), prednicarbate 0.1% cream (generic Dermatop), prednicarbate 0.1% ointment (generic Dermatop)
Doptelet	Mulpleta
Dulera	Must try both: Symbicort AND Advair (HFA or Diskus) or Breo Ellipta
Dupixent	Requirements vary based on disease severity. Moderate Atopic Dermatitis: One medium to very-high potency topical corticosteroid [e.g., Elocon (mometasone furoate), Synalar (fluocinolone acetonide), Lidex (fluocinonide)], AND One topical calcineurin inhibitor [e.g., Elidel (pimecrolimus), Protopic (tacrolimus)], AND Eucrisa (crisaborole) Severe Atopic Dermatitis: One medium to very-high potency topical corticosteroid [e.g., Elocon (mometasone furoate), Synalar (fluocinolone acetonide), Lidex (fluocinonide)] AND One topical calcineurin inhibitor [e.g., Elidel (pimecrolimus), Protopic (tacrolimus)].
Duragesic	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Elidel	Must use one topical corticosteroid

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Embeda	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Emflaza	prednisone or prednisolone
Emgality	Must try two: amitriptyline (Elavil), One of the following beta-blockers: atenolol, metoprolol, nadolol, propranolol, or timolol, divalproex sodium (Depakote/Depakote ER), OnabotulinumtoxinA (Botox), topiramate (Topamax), venlafaxine (Effexor/Effexor XR)
Enbrel/Enbrel Mini	Cimzia, Humira, Simponi, Stelara, Xeljanz/Xeljanz XR, Actemra
Eucrisa	Must try both of the following: One topical corticosteroid, One topical calcineurin inhibitor
Exalgo	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Extavia	Betaseron
Farxiga	Metformin And Invokana And Jardiance
Febuxostat	allopurinol (generic Zyloprim)
Felbatol	felbamate (generic Felbatol)
Fetzima	Must try three: bupropion/SR/XL, citalopram, duloxetine, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, venlafaxine capsules, venlafaxine ER capsules
Fiasp	Three month trial - Humalog
Flurandrenol	Must try two: fluticasone propionate 0.05% (generic Cutivate) cream hydrocortisone butyrate 0.1% ointment (generic Locoid), hydrocortisone valerate 0.2% cream (generic Westcort), prednicarbate 0.1% cream (generic Dermatop), prednicarbate 0.1% ointment (generic Dermatop), triamcinolone acetonide 0.1% lotion (generic Kenalog), triamcinolone acetonide 0.025% ointment (generic Kenalog).
Follistim AQ	Gonal-F
Glyxambi	metformin
Halog (halcinonide 0.1%) cream and ointment	betamethasone dipropionate propylene glycol 0.05% cream (generic Diprolene AF), fluocinonide 0.05% cream (generic Lidex cream), fluocinonide 0.05% ointment (generic Lidex ointment)
H.P. Acthar	Corticosteroids
Hydrocodone/guaifenesin	Cheratussin AC [codeine/guaifenesin (generic Robitussin AC)]
Hydromorphone ER	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Hysingla	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Ilumya	Two of the following: Humira, Stelara, Tremfya
Ingrezza	Austedo
Invokana and Jardiance	metformin
Ixinity	Coverage of Ixinity requires separate trials of both of the following: (1) Benefix and (2) Rixubis
Janumet & Janumet XR	Kazano, Jentaduetto, Kombiglyze XR
Januvia	Nesina, Tradjenta, Onglyza
Jublia	Must try two: itraconazole (generic Sporanox), oral terbinafine (generic Lamisil), ciclopirox (generic Penlac)
Juxtapid	Repatha

Drugs	Step Therapy Criteria
Kadian	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Keppra & Keppra XR	levetiracetam or levetiracetam extended-release
Kerydin	Must try two: itraconazole (generic Sporanox), oral terbinafine (generic Lamisil), ciclopirox (generic Penlac)
Kevzara	Cimzia, Humira, Simponi, Stelara, Xeljanz/Xeljanz XR, Actemra
Kisqali & Kisqali/Femara	Ibrance and Verzenio
Kynamro	Repatha
Lamictal, Lamictal ODT, Lamictal XR, lamotrigine ER & lamotrigine ODT	lamotrigine
Lescol XL and Livalo	Must try three: atorvastatin (generic Lipitor), fluvastatin (generic Lescol), lovastatin (generic Mevacor), pravastatin (generic Pravachol), or simvastatin (generic Zocor)
Lyrica (Brand Only)	Pregabalin
Lyrica CR	Neuropathic Pain: Lyrica and must try two: gabapentin, duloxetine, one tricyclic antidepressant such as amitriptyline. All other diagnoses: gabapentin and Lyrica
Mektovi	One of: Tafinlar plus Mekinist or Zelboraf plus Cotellic
Morphabond	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
MS Contin (Brand only)	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Mysoline	primidone
Neurontin	gabapentin
Nexium suspension	All of the following: omeprazole, pantoprazole, rabeprazole
Nolix cream & lotion	Must try two: fluticasone propionate 0.05% (generic Cutivate) cream hydrocortisone butyrate 0.1% ointment (generic Locoid), hydrocortisone valerate 0.2% cream (generic Westcort), prednicarbate 0.1% cream (generic Dermatop), prednicarbate 0.1% ointment
Novolin N	Three month trial - Humulin N
Novolin R	Three month trial - Humulin R
Novolin 70/30	Three month trial - Humulin 70/30
Novolog and Novolog Mix 70/30	Three month trial - Humalog or Humalog 75/25
Ocaliva	ursodiol
Olumiant	Cimzia, Humira, Simponi, Stelara, Xeljanz/Xeljanz XR, Actemra
Onfi	Clobazam
Orencia	Cimzia, Humira, Simponi
Otrexup	oral methotrexate
Oxistat Cream	ketoconazole (generic Nizoral), ciclopirox (generic Loprox)
Oxtellar XR	oxcarbazepine, Trileptal
Oxycontin	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Oxymorphone HCl ER (generic Opana ER)	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Pancreaze	Creon, Zenpep
Pertzye	Creon, Zenpep

Drugs	Step Therapy Criteria
Pimecrolimus	Must use one topical corticosteroid
Praluent	Must try both: Zetia and high intensity statin therapy
Prevacid Solutab	All of the following: omeprazole, pantoprazole, rabeprazole
Procysbi	Cystagon
Protopic	Must use one topical corticosteroid
Pulmicort	Must try two: Alvesco, Asmanex (HFA or Twisthaler) or QVAR
Qtern	Metformin And Glyxambi
Qudexy XR	topiramate, Topamax
Ramelteon	Must try two: eszopiclone (Generic Lunesta), zolpidem (Generic Ambien) or zaleplon (Generic Sonata)
Rasuvo	oral methotrexate
Ravicti	sodium phenylbutyrate
Rebif/Rebif Rebidose	Must try two: Aubagio (teriflunomide), Avonex (interferon β -1a), Betaseron (interferon β -1b), Copaxone 20mg (glatiramer acetate), Gilenya, (fingolimod), Plegridy (peginterferon β -1a), Tecfidera (dimethyl fumarate)
Recombinate	Coverage of Recombinate requires separate trials of three of the following: (1) Kogenate FS, (2) Kovaltry, (3) NovoEight, (4) Nuwiq
Repatha	Must try both: Zetia and high intensity statin therapy
Rexulti	aripiprazole And one of: risperidone, olanzapine, quetiapine IR, Seroquel XR, ziprasidone
Rozerem	Must try two: eszopiclone (Generic Lunesta), zolpidem (Generic Ambien) or zaleplon (Generic Sonata)
Seebri Neohaler	Must try two of the following: Spiriva Handihaler/Respimat, Incruse Ellipta, or Tudorza Pressair
Segluromet	Both of: Invokamet/Invokamet XR and Synjardy/Synjardy XR
Siliq	Humira, Stelara, Cosentyx
Solosec	One of: clindamycin capsules (generic Cleocin), clindamycin cream (generic Cleocin), clindamycin vaginal suppository (Cleocin), metronidazole tablets (generic Flagyl), metronidazole vaginal gel (Metrogel-Vaginal), tinidazole tablets (generic Tindamax)
Soolantra cream	Must try both: an oral antibiotic (i.e. doxycycline, minocycline, tetracycline) AND metronidazole 0.75% gel (generic Metrogel)
Sovaldi	Epclusa, Harvoni, Mavyret, Zepatier
Spritam	levetiracetam tablets or solution
Sprycel	Must try both: imatinib (generic Gleevec) and Tasisna
Steglatro	Metformin And Invokana And Jardiance
Steglujan	Metformin And Glyxambi
Tacrolimus ointment	Must use one topical corticosteroid
Tadalafil	Cardura (doxazosin), Flomax (tamsulosin), Hytrin (terazosin), Rapaflo (silodosin), Uroxatral (alfuzosin)
Taltz	Humira, Stelara, Cosentyx
Tavalisse	Promacta
Talzenna	Lynparza
Tasisna	imatinib (generic Gleevec)
Topamax	topiramate

Drugs	Step Therapy Criteria
travoprost (generic Travatan)	latanoprost (generic Xalatan)
Trileptal	oxcarbazepine
Trintellix	Must try three: bupropion/SR/XL, citalopram, duloxetine, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline, venlafaxine capsules, venlafaxine ER capsules
Trokendi XR	topiramate, Topamax
Trulance	Linzess
Uloric	allopurinol (generic Zyloprim)
Ultravate	Both of the following: augmented betamethasone dipropionate 0.05% gel or lotion (generic Diprolene) AND clobetasol propionate 0.05% gel or solution (generic Temovate)
Vemlidy	entecavir
Viekira Pak	Epclusa, Harvoni, Mavyret, Zepatier
Viokace	Creon, Zenpep
Vraylar	Must try two: aripiprazole, olanzapine, quetiapine IR, risperidone, Seroquel XR, ziprasidone
Vyzulta	latanoprost (generic Xalatan)
Xeljanz & Xeljanz XR	Cimzia, Humira, Simponi
Xigduo XR	Both of: Invokamet/Invokamet XR or Synjardy/Synjardy XR"
Xtandi	Zytiga
Xyntha & Xyntha Solofuse	Coverage of Xyntha requires separate trials of three of the following: (1) Kogenate FS, (2) Kovaltry, (3) NovoEight, (4) Nuwiq
Yonsa	Zytiga
Zegerid Packets for Suspension	All of the following: omeprazole, pantoprazole, rabeprazole
Zileuton ER	Must try both: montelukast (generic Singulair) and zafirlukast (generic Accolate)
Zioptan	latanoprost (generic Xalatan)
Zohydro ER	Must try all: Nucynta ER, morphine sulfate ER (generic MS Contin), Xtampza ER
Zolpimist	Must try two: eszopiclone (Generic Lunesta), zolpidem (Generic Ambien) or zaleplon (Generic Sonata)
Zonegran	zonisamide
Zovirax ointment	oral famciclovir (generic Famvir), oral valacyclovir (generic Valtrex), oral acyclovir (generic Zovirax)
Zyflo & Zyflo CR	Must try both: montelukast (generic Singulair) and zafirlukast (generic Accolate)
Zypitamag	Must try three: atorvastatin (generic Lipitor), fluvastatin (generic Lescol), lovastatin (generic Mevacor), pravastatin (generic Pravachol), or simvastatin (generic Zocor)"