



Plans underwritten by Rocky Mountain HMO (RMHMO)

Individual Health Care Plan Disenrollment Form

*By submitting this disenrollment form, all covered family members will be disenrolled from the health plan.
To retain coverage for a covered family member, please use the RMHP Individual Change Form.*

Last Name:	First Name:	MI:	Date of Birth: / /	Member ID:
				SSN:
Address:	City:		State:	Zip:

Requested termination date: _____

RMHP must receive this form at least 14 days prior to the requested termination date. Retroactive terminations are not permitted.

Please terminate coverage for myself and any covered family members from the following plan(s):

- All plans **OR** Medical Plan*
 Dental Plan (if applicable) Vision Plan (if applicable)

**If disenrolling from Medical Plan, Dental and/or Vision coverage will also be terminated.*

Please terminate my coverage for the following reason:

- | | |
|--|--|
| <input type="checkbox"/> Unsatisfactory benefits (BN) | <input type="checkbox"/> Death — requires a copy of the death certificate (DE) |
| <input type="checkbox"/> Rates too high (VR) | <input type="checkbox"/> Quality of care (QT) |
| <input type="checkbox"/> Unsatisfactory benefits/rates too high (BR) | <input type="checkbox"/> PCP does not participate (PN) |
| <input type="checkbox"/> Unable to afford coverage (AC) | <input type="checkbox"/> Provider access (PA) |
| <input type="checkbox"/> Limited payment options (PO) | |
| <input type="checkbox"/> Moving from plan service area (MT) | |
| <input type="checkbox"/> Service unsatisfactory (SN) | |

If you have obtained new coverage, please complete the following section:

- | | |
|--|--|
| <input type="checkbox"/> Changing to spouse's coverage
<input type="checkbox"/> Individual coverage (SI) <input type="checkbox"/> Group coverage (SG) | <input type="checkbox"/> New carrier
<input type="checkbox"/> Anthem BC/BS (OA)
<input type="checkbox"/> Bright Health (BH)
<input type="checkbox"/> Cigna (OC)
<input type="checkbox"/> Kaiser Permanente (KP)
<input type="checkbox"/> Rocky Mountain Health Plans (OR)
<input type="checkbox"/> United Healthcare (OU)
<input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Changing to other coverage
<input type="checkbox"/> Individual coverage (IC) <input type="checkbox"/> Group coverage (IG) <input type="checkbox"/> Medicare (MC) | |

I agree that the above information is true, and I authorize Rocky Mountain Health Plans to make the above change.

Subscriber Signature: _____ Date Signed: _____

Mail this form to:
Membership Enrollment
Rocky Mountain Health Plans
PO Box 10600
Grand Junction, CO 81502-5600

Email to: commerciaenrollment@rmhp.org

Fax to: 970-263-5507

Multi-Language Insert



ROCKY MOUNTAIN
HEALTH PLANS®

English	ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-346-4643 (TTY: 711).
Spanish	ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-346-4643 (TTY: 711).
Vietnamese	CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-346-4643 (TTY: 711).
Chinese	注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-346-4643 (TTY: 711)。
Korean	주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-346-4643 (TTY: 711)번으로 전화해 주십시오.
Russian	ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-346-4643 (телетайп: 711).
Amharic	ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም አርዳታ ድርጅቶች፣ በነጻ ሊያገለግሉት ተዘጋጅተዋል። ወደ ሚከተለው ቁጥር ይደውሉ 1-800-346-4643 (መስማት ለተሳናቸው: 711)።
Arabic	ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 3464 --643-008-1 (رقم هاتف الصم والبكم: 117).
German	ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-346-4643 (TTY: 711).
French	ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-346-4643 (ATS : 711).
Nepali	ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-800-346-4643 (टिटिवाइ: 711) ।
Tagalog	PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-346-4643 (TTY: 711).
Japanese	注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-346-4643 (TTY:711) まで、お電話にてご連絡ください。
Cushite/Oromo	XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-346-4643 (TTY: 711).
Persian	توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 3464-643-008-1 (117:YTT) تماس بگیرید.
Ibo/Igbo	Ige nti: O buru na asu lbo asusu, enyemaka diri gi site na call 1-800-346-4643 (TTY: 711).
Kru-Bassa	Dè dɛ nià kɛ dyédé gbo: ɔ jũ ké m̄ [Bàsóò-wùdù-po-nyò] jũ ní, níí, à wuɖu kà kò dò po-poò b̄éin m̄ gbo kpáa. Ɖá 1-800-346-4643 (TTY: 711)
Yoruba	AKIYESI: Ti o ba nso ede Yoruba ofe ni iranlowo lori ede wa fun yin o. E pe ero ibanisoro yi 1-800-346-4643 (TTY: 711).



Notice of Nondiscrimination

Rocky Mountain Health Plans (RMHP) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, sexual orientation, or gender identity. RMHP does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex, sexual orientation, or gender identity.

RMHP takes reasonable steps to ensure meaningful access and effective communication is provided timely and free of charge:

- Provides free auxiliary aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters (remote interpreting service or on-site appearance)
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language assistance services to people whose primary language is not English, such as:
 - Qualified interpreters (remote or on-site)
 - Information written in other languages

If you need these services, contact the RMHP Member Concerns Coordinator at 800-346-4643, 970-243-7050, or TTY 970-248-5019, 800-704-6370, Relay 711; para asistencia en español llame al 800-346-4643.

If you believe that RMHP has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, sexual orientation, or gender identity, you can file a grievance with: the RMHP EEO Officer at 800-346-4643, 970-244-7760, ext. 7883, or TTY 970-248-5019, 800-704-6370, Relay 711; para asistencia en español llame al 800-346-4643, or eeoofficer@rmhp.org. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the RMHP EEO Officer is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

RMHP is a Medicare-approved Cost plan. Enrollment in RMHP depends on contract renewal.