

Preferred Drug List

Drugs are chosen for Preferred Brand status with active participation of the RMHP Pharmacy and Therapeutics Committee. The drugs listed here represent the most cost effective choices for the therapeutic categories shown and if appropriate for your patient, will result in cost savings.

Preferred Generic (lowest copay) in black

Preferred Brand (middle copay) in green

ALLERGY

Nasal Steroids

fluticasone (Flonase)
flunisolide (Nasarel)
Nasonex (mometasone)

Non-Sedating Antihistamines

fexofenadine (Allegra)

Sedating Antihistamines

hydroxyzine (Atarax, Vistaril)
diphenhydramine (Benadryl)

Nasal Antihistamines

NEW Astepro (azelastine)
Astelin (azelastine)

ANTIDEPRESSANTS

fluoxetine (Prozac)
citalopram (Celexa)
sertraline (Zoloft)
paroxetine (Paxil)
bupropion, +SR (Wellbutrin, +SR)
budeprion (Wellbutrin XL)
venlafaxine (Effexor)
Lexapro (escitalopram)

ANTI-DIABETICS

Biguanides & Combos

metformin (Glucophage, +XR)
metformin/glyburide (Glucovance)
metformin/glipizide (Metaglip)

Sulfonylureas

glyburide (Micronase, Diabeta)
glimepiride (Amaryl)
glipizide, +ER (Glucotrol, +XL)

Insulin

Humulin, +N, R, 70/30, 50/50
Humalog, +pen, 75/25, 50/50
Levemir, +pen (insulin detemir)
Lantus, +pen (insulin glargine)

Thiazolidinediones (TZD)

Actos (pioglitazone)

Biguanide/TZD Combos

ActoPlusMet (metformin/pioglitazone)

Sulfonylurea/TZD Combos

Duetact (pioglitazone/glimepiride)

Incretin Mimetics

Byetta (exenatide)

Diabetic Test Strips

OneTouch (Lifescan)
Accu-Chek (Roche)
Freestyle, Precision (Abbott)
Breeze2, Contour (Bayer)

ANTI-HYPERLIPIDEMICS

Statins

simvastatin (Zocor)
pravastatin (Pravachol)
lovastatin (Mevacor)
Vytorin (simvastatin/ezetimibe)
Lipitor 40 & 80mg (atorvastatin)

Fibric Acid Derivatives

gemfibrozil (Lopid)
fenofibrate (Tricor, Triglide)

ANTI-HYPERTENSIVES

ACE-Inhibitors (ACE-I)

captopril (Capoten)*
enalapril (Vasotec)*
lisinopril (Zestril/Prinivil)*
benazepril (Lotensin)*
quinapril (Accupril)*
fosinopril (Monopril)*
moexipril (Univasc)*
ramipril (Altace)
trandolapril (Mavik)

Beta-Blockers

propranolol (Inderal)*
metoprolol (Toprol, Lopressor)*
atenolol (Tenormin)*
carvedilol (Coreg)
bisoprolol (Zebeta)*
sotalol (Betapace)

pindolol (Visken)
nadolol (Corgard)
labetalol (Trandate)
acebutolol (Sectral)
betaxolol (Kerlone)
metoprolol ER (Toprol XL)
propranolol ER (Inderal LA)
Bystolic (nebivolol)

* Available in combination with HCTZ

Calcium Channel Blockers

amlodipine (Norvasc)
verapamil (Calan, Covera, Isoptin)
verapamil ER (Calan, Covera)
diltiazem XR,ER (Dilacor XR)
diltiazem CD (Cardizem CD)
Cartia XT (Cardizem CD)
felodipine (Plendil)
nifedipine ER (Adalat, Procardia)

Angiotensin Receptor Blockers(ARB)

Benicar (olmesartan)
Cozaar (losartan)

ARB/Diuretic

Benicar HCT (olmesartan/HCTZ)
Hyzaar (losartan/HCTZ)

ACE-I/CCB

benazepril/amlodipine (Lotrel)
Tarka (trandolapril/verapamil)

ANTI-INFECTIVES

Antivirals

acyclovir (Zovirax)
famciclovir (Famvir)
amantadine (Symmetrel)
rimantadine (Flumadine)
Tamiflu (oseltamavir)
Relenza (zanamavir)
Valtrex (valacyclovir)

Cephalosporins

cephalexin (Keflex)
cefaclor (Raniclor)
cefuroxime (Ceftin)

cefadroxil (Duricef)
cefepodoxime (Vantin)
cefdinir (Omnicef)
cefprozil (Cefzil)
Suprax (cefixime)

Macrolides

erythromycin (Ery-Tab)
clarithromycin (Biaxin)
azithromycin (Zithromax)

Penicillins

amoxicillin (Amoxil)
penicillin V Potassium (PenVK)
ampicillin
dicloxacillin (Dynapen)
amoxicillin/clavulanate (Augmentin)

Quinolones

ciprofloxacin, +ER (Cipro, +XR)
ofloxacin (Floxin)
Avelox (moxifloxacin)
Levaquin (levofloxacin)

Tetracyclines


tetracycline (Sumycin)
doxycycline (Vibramycin)
minocycline (Minocin)

Miscellaneous

metronidazole (Flagyl)
clindamycin (Cleocin)

ASTHMA

Inhaled Corticosteroids

 Asmanex (mometasone)
QVAR (beclomethasone)
Flovent (fluticasone)
Pulmicort Flexhaler
(budesonide)

Short Acting Beta Agonists

albuterol nebs
Ventolin HFA (albuterol)
Proair HFA (albuterol)

ICS/LABA combos

Symbicort (formoterol/budesonide)
Advair (salmeterol/fluticasone)

Leukotriene Antagonists

Singulair (montelukast)

GI

Proton Pump Inhibitors


omeprazole
Prevacid SoluTab (lansoprazole)

H-2 Antagonists

famotidine (Pepcid)
cimetidine (Tagamet)
ranitidine (Zantac)
nizatidine (Axid)

MIGRAINE

Triptans (QL=#12/month)

 sumatriptan (Imitrex) +inj, nasal, po
Maxalt (rizatriptan)

Prophylaxis

propranolol (Inderal)
verapamil (Calan, Covera)
divalproex (Depakote)
Topamax (topiramate)

ORAL CONTRACEPTIVES

Monophasic

Apri, Reclipsen, Solia,
Sronyx, Lessina, Lutera, Aviane
Necon 1/35, Nortrel 1/35
Necon 0.5/35, Nortrel 0.5/35
Low-Ogestrel, Cryselle
Levora, Portia
Sprintec, Mononessa, Previfem
Zovia 1/35E, Kelnor
Zovia 1/35E, Kelnor 1/35
June FE 1.5/30, Microgestin FE
1.5/30
Junel 1.5/30, Microgestin 1.5/30

Junel 1/20, Microgestin 1/20
Junel FE 1/20, Microgestin FE 1/20
Balziva, Zenchent
Quasense, Jolessa (ext. cycle)
Yasmin
Ogestrel
Loestrin 24 FE
Yaz
Femcon FE (chew), Ovcon FE (chew)
Ovcon 50
Seasonique (ext. cycle)

Biphasic

Necon 10/11
Kariva

Triphasic


Trivora, Enpresse
Tri-Sprintec, Trinessa, Tri-Previfem
Aranelle, Leena
Velivet, Cesia
Necon 7/7/7, Nortrel 7/7/7
Tri-legest FE, Tilia FE (Estrostep Fe)
Ortho Tri-Cyclen LO

Progestin Only

Jolivette, Errin, Camila, Nora-BE

OSTEOPOROSIS

Bisphosphonates

 (alendronate) Fosamax
Fosamax +D (alendronate)
Actonel, +Ca (risedronate)

Estrogen Receptor Modulators

Evista (raloxifene)

SLEEP AIDS

Sedative Hypnotics

zolpidem (Ambien)
zaleplon (Sonata)

Other

trazodone (Desyrel)

Physicians call: RMHP Pharmacy Help Desk at 800-641-8921

Members call: 800-346-4643