

Preferred Drug List

Drugs are chosen for Preferred Brand status with active participation of the RMHP Pharmacy and Therapeutics Committee. The drugs listed here represent the most cost effective choices for the therapeutic categories shown and if appropriate for your patient, will result in cost savings.

Preferred Generic (lowest copay) in black

Preferred Brand (middle copay) in green

ALLERGY

Nasal Steroids

fluticasone (Flonase)
flunisolide
Nasonex (mometasone)

Non-Sedating Antihistamines

fexofenadine (Allegra)


Sedating Antihistamines

hydroxyzine (Atarax, Vistaril)
diphenhydramine (Benadryl)

Nasal Antihistamines

azelastine (Astelin) 

Ophthalmic Antihistamines

azelastine (Optivar) 

ANTI-DIABETICS

Biguanides & Sulfonylureas

metformin (Glucophage, +XR)
metformin/glyburide (Glucovance)
metformin/glipizide (Metaglip)
glyburide (Micronase, Diabeta)
glimepiride (Amaryl)
glipizide, +ER (Glucotrol, +XL)

Insulin

Humulin/Novolin (+N, R, mixes)
Humalog/Novolog (+pen, mixes)
Levemir, +pen (insulin detemir)
Lantus, +pen (insulin glargine)

Thiazolidinediones (TZD),

Combos

Actos (pioglitazone)
ActoPlusMet
(metformin/pioglitazone)
Duetact
(glimepiride/pioglitazone)

Incretin Mimetics

Byetta (exenatide)

Diabetic Test Strips

OneTouch (Lifescan)
Breeze2, Contour (Bayer)

ANTI-HYPERLIPIDEMICS

Statins

simvastatin (Zocor)
pravastatin (Pravachol)
lovastatin (Mevacor)
Crestor (rosuvastatin)
Vytorin (simvastatin/ezetimibe)

Fibric Acid Derivatives

gemfibrozil (Lopid)
fenofibrate (Lofibra)

ANTI-HYPERTENSIVES

ACE-Inhibitors (ACE-I)

captopril (Capoten)*
enalapril (Vasotec)*
lisinopril (Zestril/Prinivil)*
benazepril (Lotensin)*
quinapril (Accupril)*
fosinopril (Monopril)*
moexipril (Univasc)*
ramipril (Altace)

Beta-Blockers

propranolol*, ER (Inderal*, LA)
metoprolol (Lopressor)*
metoprolol ER (Toprol XL)
atenolol (Tenormin)*
carvedilol (Coreg)
bisoprolol (Zebeta)*
sotalol (Betapace)
pindolol (Visken)
nadolol (Corgard)
labetalol (Trandate)
acebutolol (Sectral)
betaxolol (Kerlone)
Bystolic (nebivolol)


* Also in combo with HCTZ or chlorthalidone

Calcium Channel Blockers


amlodipine (Norvasc)
verapamil, +ER (Calan, Covera, etc)
Dilt-XR, Diltzac (Dilacor XR)
Dilt, diltiazem CD/ER (Cardizem)

Cartia, Taztia XT (Cardizem)
felodipine (Plendil)
nifedipine ER (Adalat, Procardia)


Angiotensin Receptor Blockers (ARB)

losartan (Cozaar) 
Benicar (olmesartan)

ARB/Diuretic

losartan/HCTZ (Hyzaar) 
Benicar HCT (olmesartan/HCTZ)

ACE-I/CCB

benazepril/amlodipine (Lotrel)
trandolapril/verapamil (Tarka) 

ANTI-INFECTIVES

Antivirals

acyclovir (Zovirax)
famciclovir (Famvir)
amantadine (Symmetrel)
rimantadine (Flumadine)
valacyclovir (Valtrex) 
Tamiflu (oseltamivir)
Relenza (zanamavir)

Cephalosporins

cephalexin (Keflex)
cefaclor
cefuroxime (Ceftin)
cefadroxil (Duricef)
cefepodoxime (Vantin)
cefdinir (Omnicef)
cefprozil (Cefzil)
Suprax (cefixime)

Macrolides

erythromycin (Ery-Tab)
clarithromycin (Biaxin)
azithromycin (Zithromax)

Penicillins

amoxicillin (Amoxil)
penicillin V Potassium (PenVK)
ampicillin
dicloxacillin (Dynapen)
amoxicillin/clavulanate (Augmentin)

Quinolones

ciprofloxacin, +ER (Cipro, +XR)
ofloxacin (Floxin)
Avelox (moxifloxacin)
Levaquin (levofloxacin)

Tetracyclines

tetracycline (Sumycin)
doxycycline (Vibramycin)
minocycline (Minocin)

Miscellaneous

metronidazole (Flagyl)
clindamycin (Cleocin)

ARTHRITIS AND PAIN

Opioid Analgesics


hydrocodone/APAP (Lortab)
oxycodone/APAP (Percocet)
oxycodone IR
morphine sulfate
morphine sulfate ER (MSContin)
fentanyl patch (Duragesic)
Avinza (morphine sulfate 24 hr)
Oxycontin (oxycodone 12 hr)
Opana ER (oxymorphone 12 hr)

NSAIDs

naproxen
meloxicam
ibuprofen
piroxicam
indomethacin
diclofenac

ASTHMA

Inhaled Corticosteroids

Asmanex (mometasone)
budesonide nebs (Pulmicort 
respules)
Alvesco (ciclesonide)
Flovent (fluticasone)
Pulmicort Flexhaler(budesonide)
QVAR (beclomethasone)

Short Acting Beta Agonists

albuterol nebs
Ventolin HFA (albuterol)
Proair HFA (albuterol)

ICS/LABA combos

Symbicort
(formoterol/budesonide)
Advair (salmeterol/fluticasone)

Leukotriene Antagonists

Singulair (montelukast)

GI

Proton Pump Inhibitors


omeprazole (Prilosec)
Prevacid SoluTab (lansoprazole)

H-2 Antagonists

famotidine (Pepcid)
ranitidine (Zantac)
nizatidine (Axid)

MENTAL HEALTH

SSRIs and SNRIs

fluoxetine (Prozac)
citalopram (Celexa)
sertraline (Zoloft)
paroxetine (Paxil)
venlafaxine (Effexor)
venlafaxine ER (Effexor XR) 
Lexapro (escitalopram)

Other antidepressants

bupropion, +SR (Wellbutrin, +SR)
budeprion (Wellbutrin XL)
amitriptyline (Elavil)
doxepin (Sinequan)
nortriptyline (Pamelor)

Other mood disorders


lithium carbonate (Lithobid)
haloperidol (Haldol)
risperidone (Risperdal)
Abilify (aripiprazole)
Geodon (ziprasidone)
Seroquel, +XR (quetiapine)
Zyprexa (olanzapine)

Stimulants

methylphenidate/Methylin (Ritalin)
dextroamphetamine (Dexedrine)
amphetamine salt combo (Adderall)
Metadate/ Methylin ER (Ritalin SR)
Metadate CD (methylphenidate)
Concerta (methylphenidate ER)
Adderall XR (amph. salt combo XR)

MIGRAINE

Triptans (QL=#12/month)

sumatriptan (Imitrex)- tabs, inj, nasal
naratriptan (Amerge) 
Maxalt (rizatriptan)

Prophylaxis

propranolol (Inderal)
verapamil (Calan, Covera)
amitriptyline
divalproex (Depakote)
topiramate (Topamax)

OSTEOPOROSIS

Bisphosphonates

(alendronate) Fosamax
Actonel, +Ca (risedronate)

Estrogen Receptor Modulators

Evista (raloxifene)

SLEEP AIDS

Sedative Hypnotics

zolpidem (Ambien)
zaleplon (Sonata)

Other

trazodone (Desyrel)

WOMEN'S HEALTH

Oral Contraceptives

Monophasic

Apris, Reclipsen, Solia,
Necon, Nortel (0.5,1)/35
Sprintec, Mononessa, Previfem
Zovia, Kelnor 1/35(E)
Junel (+FE), Microgestin (+FE) 1.5/30
Junel (+FE), Microgestin (+FE) 1/20
Ocella (Yasmin)
Gianvi (Yaz) 
Ogestrel
Seasonique/LoSeasonique,(ext. cycle)

Biphasic

Necon 10/11

Triphasic

Trivora, Enpresse
Tri-Sprintec, Trinessa, Tri-Previfem
Velivet, Cesia, Caziant
Ortho Tri-Cyclen LO

Progestin Only

Jolivette, Errin, Camila, Nora-BE

Hormone Replacement Therapy

estradiol (Estrace)
estropipate (Ogen)
medroxyprogesterone (Provera)
estradiol patch (Climara)

Physicians call: RMHP Pharmacy Help Desk at 800-641-8921

View the RMHP Formulary at www.rmhp.org or on ePocrates