



**ROCKY MOUNTAIN**  
**HEALTH PLANS®**

Good health. That's the plan.

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***NEWS RELEASE***

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**ROCKY MOUNTAIN HEALTH PLANS HOLDS**  
**MEDICARE TOWN HALLS**

(Greenwood Village, Colo.) – Rocky Mountain Health Plans, a Colorado not-for-profit that's been serving the Medicare population for more than 30 years, invites the public to Town Hall meetings on Monday November 6 from 9:30-11:30am at Swedish Medical Center and from 2:00-4:00pm at the Medical Center of Aurora North Campus to answer questions, address myths and provide tips to help seniors make informed decisions about Medicare health plans and prescription drug coverage.

Donald J. Murphy, MD, of Senior Care Colorado, will join Rocky Mountain representatives at Swedish to answer questions on healthy aging. Michael R. Wasserman, MD, of Senior Care Colorado, will be on hand at the Medical Center of Aurora.

This free, no obligation seminar is for seniors, their children and their caregivers. Space is limited so reservations are recommended. For reservations and information call 1-800-273-1730.

**About Rocky Mountain Health Plans**

Rocky Mountain Health Plans (RMHP) provides medical benefit plans and services to more than 188,000 enrollees. The organization was founded in 1974 and offers a wide range of medical benefit options, including PPO, HMO, shared-funding, and partially self-funded medical plans. It also provides health plans for Medicare and Medicaid-eligible persons and children who receive care under Colorado's Child Health Plan Plus program.

RMHP is the proud recipient of the 2006 America's Health Insurance Plans Foundation Innovation and Excellence Award in Chronic Care for our *Improving Diabetes Outcomes in Mesa County* initiative.

For more information, contact Rocky Mountain Health Plans at 800-843-0719 or visit [www.rmhp.org](http://www.rmhp.org).

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