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Rocky Mountain Health Plans

**FOUNDATION**

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## ***MEDIA ALERT***

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### **PROMOTING HEALTHY STUDENTS FOR ACADEMIC SUCCESS**

*\$5000 awarded to schools for making small changes*

#### **WHAT**

Pear Park Elementary is using the funds from Rocky Mountain Health Plans Foundation to give away six bikes to students on the last day of school. All nominated students of the week will be entered into the drawing.

#### **WHEN**

**Tuesday, April 29 at 10:00 a.m.**

*Please check in at the school office.*

#### **WHERE**

Pear Park Elementary

432 30 ¼ Rd, Grand Junction

#### **WHO**

Pear Park Elementary, Chatfield Elementary, Thunder Mountain Elementary, Broadway Elementary, and Grand Mesa Middle School have all made small changes in their schools and are receiving \$1000 to continue health promotion efforts. Pomona Elementary was the first school to receive the money in 2007. Students and teachers will be available for interviews to talk about the positive healthy lifestyle changes they have made.

#### **WHY**

Rocky Mountain Health Plans Foundation has been working on a two-year project in conjunction with District 51 to encourage and reward schools for making changes in their school to create a healthier environment for learning.

Examples of the criteria required for schools include:

- Snacks are of nutritional value
- Fundraisers for the school sell mainly non-food items
- Rewards that are given are non-food or healthy food
- Physical activity is reinforced through out the day by providing optimal time for recess, physical education, and breaks in the classroom