

Colorado Health Benefit Plan Description Form

Rocky Mountain HMO

Rocky Mountain Vista HMO

4000/70

PART A: TYPE OF COVERAGE

1. TYPE OF PLAN	Health Maintenance Organization (HMO)
2. OUT-OF-NETWORK CARE COVERED?¹	Only for emergency and urgent care.
3. AREAS OF COLORADO WHERE PLAN IS AVAILABLE	Plan is available throughout Colorado except in the following areas: Gunnison County and Baca County

PART B: SUMMARY OF BENEFITS

Important Note: This form is not a contract, it is only a summary. The contents of this form are subject to the provisions of the policy, which contains all terms, covenants and conditions of coverage. Your plan may exclude coverage for certain treatments, diagnoses, or services not noted below. The benefits shown in this summary may only be available if required plan procedures are followed (e.g., plans may require prior authorization, a referral from your primary care physician, or use of specified providers or facilities). Consult the actual policy to determine the exact terms and conditions of coverage. Coinsurance and copayment options reflect the amount the covered person will pay.

	IN-NETWORK ONLY (out of network care is not covered except as noted)
4. Deductible Type²	Calendar Year
4a. ANNUAL DEDUCTIBLE^{2a} a) Individual^{2b} If Family membership is selected, a Member enrolled on a Family plan who meets an individual deductible does not have to meet the Family deductible before coinsurance is available. b) Family^{2c} Members on a Family plan can collectively meet the Family deductible.	a) \$4,000 b) \$8,000 aggregate - Deductibles shall not be applied to satisfy the out-of-pocket maximum. - Deductible must be satisfied before services will be covered, except as noted.
5. OUT-OF-POCKET ANNUAL MAXIMUM³ a) Individual b) Family c) Is deductible included in the out-of-pocket maximum?	a) \$5,000 b) \$10,000 c) No All copayments apply toward annual out-of-pocket maximum, unless otherwise noted. Services for which the copayments do not apply toward the annual out-of-pocket maximum will remain payable after the out-of-pocket maximum has been reached.
6. LIFETIME OR BENEFIT MAXIMUM PAID BY THE PLAN FOR ALL CARE	No lifetime maximum
7A. COVERED PROVIDERS	Rocky Mountain HMO Network, Life Strategies (behavioral health network). See participating provider directory for a complete list of current providers.
7B. With respect to network plans, are all the providers listed in 7A accessible to me through my primary care physician?	Yes

	IN-NETWORK ONLY (out of network care is not covered except as noted)
8. MEDICAL OFFICE VISITS⁴ a) Primary Care Providers b) Specialists	a) \$35 per visit copayment, not subject to deductible b) \$50 per visit copayment, not subject to deductible Copayments do not apply toward annual out-of-pocket maximum. Lab/X-rays part of the office visit will have the applicable copay for the type of service.
9. PREVENTIVE CARE <u>Preventive Services recommended by the U.S. Preventive Services Task Force, including:</u> a) Children’s services (well-child services as age appropriate) b) Adults’ services (routine physical and gynecological exam – 1 per member per calendar year) c) Routine screening mammograms, pap smears, prostate screenings d) Colorectal cancer screenings e) Immunizations (excluding Travel)	a) No copayment (100% covered), not subject to deductible b) No copayment (100% covered), not subject to deductible c) No copayment (100% covered), not subject to deductible d) No copayment (100% covered), not subject to deductible e) No copayment (100% covered), not subject to deductible
10. MATERNITY a) Prenatal care (routine) b) Delivery & inpatient well baby care⁵ Non-routine prenatal care will have the applicable copayment/coinsurance for the type of service except for services recommended by the U.S. Preventive Services Task Force which are covered in full.	a) 30% copayment after deductible b) 30% copayment after deductible

	IN-NETWORK ONLY (out of network care is not covered except as noted)
<p>11. PRESCRIPTION DRUGS⁶ Level of coverage and restrictions on prescriptions</p> <p>a) Inpatient prescription drugs and injectables</p> <p><u>Prescription drugs obtained from a retail or specialty pharmacy:</u></p> <p>b) Outpatient prescription drugs (including Insulin) and self-administered injectables (Select Injectables)*</p> <p>c) Non-Select Injectables (excluding Insulin)</p> <p><u>Prescription drugs not obtained from a retail pharmacy:</u></p> <p>d) Outpatient prescription drugs (including Insulin) and Select Injectables*</p> <p>e) Non-Select Injectables (excluding Insulin)</p> <p>*Refer to the RMHP formulary for self-administered injectable medication on the Select Injectable List.</p> <p>Injectable medication (excluding Insulin) is limited to a 31-day supply when obtained from a mail-order pharmacy.</p> <p>- Prescription drugs are covered only through participating retail and mail order pharmacies. See the Participating Provider Directory for a list of participating pharmacies.</p> <p>- Access to participating pharmacies is available nationwide. To locate participating pharmacies or for more information about drugs on our approved list (RMHP Good Health Formulary), refer to our website at www.rmhp.org or contact Rocky Mountain Health Plans, Customer Service at 800-346-4643.</p>	<p>a) Included in inpatient hospital copayment</p> <p>b) <u>\$15/\$60/\$75 Option</u> <i>(Copayments are not subject to deductible and do not apply toward annual out-of-pocket maximum.)</i></p> <p><u>Retail Pharmacy: (31-day supply):</u> Tier 1: \$15 copayment per fill Tier 2: \$60 copayment per fill Tier 3: \$75 copayment per fill Tier 4: 20% copayment up to maximum member copayment of \$150 Tier 5: 30% copayment up to maximum member copayment of \$250</p> <p><i>Tiers 2, 3, and 4 cover oral and Select injectable drugs. Tier 5 is limited to coverage for certain Select injectables only.</i></p> <p><u>Mail-order Pharmacy: (90-day supply):</u> Tier 1: \$37.50 copayment per fill Tier 2: \$150 copayment per fill Tier 3: \$187.50 copayment per fill Tier 4: 20% copayment up to maximum member copayment of \$375 Tier 5: Not applicable</p> <p><i>Tier 5 is limited to certain Select injectables which are only available in a 31-day supply.</i></p> <p><u>\$15 Generic Select Option</u> <i>(Copayments are not subject to deductible and do not apply toward annual out-of-pocket maximum)</i></p> <p><u>Retail Pharmacy: (31-day supply)</u> Tier 1: \$15 copayment per fill</p> <p><i>Drug coverage for Tiers 2 – 5 is limited to oral anti-cancer drugs and Select injectables only. Oral anti-cancer drugs are covered on Tiers 1, 2, and 3. Select injectables are covered on Tiers 2, 3, 4, and 5. All other oral drugs not covered may be purchased from participating retail pharmacies at 100% of the Rocky Mountain Health Plan rate.</i></p> <p><u>Tier 2 (Select Injectables and oral anti-cancer drugs Only):</u> \$60 copayment per fill <u>Tier 3 (Select Injectables and oral anti-cancer drugs Only):</u> \$75 copayment per fill <u>Tier 4 (Select Injectables Only):</u> 20% copayment up to maximum member copayment of \$150 <u>Tier 5 (Select Injectables Only):</u> 30% copayment up to maximum member copayment of \$250</p> <p><u>Mail-Order Pharmacy: (90-day supply)</u> Tier 1: \$37.50 copayment per fill</p> <p><i>Drug coverage for Tiers 2 – 5 is limited to oral anti-cancer drugs and Select Injectables only. If oral anti-cancer drug is available from a mail-order pharmacy, copayment will be 2.5 times the retail copay of the appropriate tier on the formulary. Select Injectables are limited to a 31-day supply – refer to copayments for Retail Pharmacy above.</i></p> <p>c) 30% copayment after deductible</p> <p>d) Not covered</p> <p>e) 30% copayment after deductible</p>
12. INPATIENT HOSPITAL	30% copayment after deductible
13. OUTPATIENT/AMBULATORY SURGERY	30% copayment after deductible

	IN-NETWORK ONLY (out of network care is not covered except as noted)
14. DIAGNOSTICS a) Laboratory & x-ray b) MRI, nuclear medicine, and other high-tech services	a) Lab: \$25 per visit copayment, not subject to deductible X-ray: \$50 per visit copayment, not subject to deductible Copayments for lab and x-ray services do not apply toward annual out-of-pocket maximum. b) 30% copayment after deductible
15. EMERGENCY CARE^{7, 8}	30% copayment after \$250 per visit copayment, not subject to deductible.
16. AMBULANCE	30% copayment after deductible
17. URGENT, NON-ROUTINE, AFTER HOURS CARE	\$50 per visit copayment, not subject to deductible. Out-of-network urgent care covered only if traveling or temporarily absent from the service area. Copayments do not apply toward annual out-of-pocket maximum.
18. BIOLOGICALLY-BASED MENTAL ILLNESS CARE⁹	Coverage is no less extensive than the coverage provided for any other physical illness.
19. OTHER MENTAL HEALTH CARE <u>BG1's and Small Groups (less than 51 employees):</u> a) Inpatient care b) Outpatient care <u>Large Groups (51 or more employees):</u> c) Inpatient care d) Outpatient care	a) 30% copayment after deductible. Copayments do not apply toward annual out-of-pocket maximum. Maximum Benefit Level: 45 days or 90 partial days per member per calendar year b) \$35 per visit copayment, not subject to deductible. Copayments do not apply toward annual out-of-pocket maximum. Maximum Benefit Level: 20 visits per member per calendar year. c) 30% copayment after deductible d) \$35 per visit copayment, not subject to deductible. Copayments do not apply toward annual out-of-pocket maximum.
20. ALCOHOL & SUBSTANCE ABUSE <u>BG1's and Small Groups (less than 51 employees):</u> <u>Rehabilitation:</u> a) Inpatient care b) Outpatient care <u>Detoxification:</u> c) Inpatient care d) Outpatient care <u>Large Groups (51 or more employees):</u> <u>Rehabilitation/Detoxification</u> e) Inpatient care f) Outpatient care Detoxification is limited to the removal of the toxic substances from the body.	a) 50% copayment after deductible. Copayments do not apply toward annual out-of-pocket maximum. Maximum Benefit Level: 45 days or 90 partial days per member per calendar year. b) 50% copayment after deductible. Copayments do not apply toward annual out-of-pocket maximum. c) 30% copayment after deductible d) \$35/\$50 per visit copayment, not subject to deductible. Copayments do not apply toward annual out-of-pocket maximum. e) 30% copayment after deductible f) \$35 per visit copayment, not subject to deductible. Copayments do not apply toward annual out-of-pocket maximum.
21. PHYSICAL, OCCUPATIONAL, & SPEECH THERAPY a) Inpatient care b) Outpatient care	a) Included in inpatient hospital copayment. Maximum Benefit Level: 60 days per episode per medical condition b) \$50 per visit copayment, not subject to deductible. Copayments do not apply toward annual out-of-pocket maximum. Maximum Benefit Level: 20 visits per member per calendar year for each type of therapy.

	IN-NETWORK ONLY (out of network care is not covered except as noted)
<p>22. DURABLE MEDICAL EQUIPMENT</p> <p>a) Durable Medical Equipment (DME) and repairs</p> <p>b) Durable Medical Equipment (DME) and repairs - <i>obtained from a pharmacy and listed on the Rocky Mountain Formulary</i></p> <p>c) Disposable Medical Supplies (DMS) – <i>obtained from a pharmacy and listed on the Rocky Mountain Formulary</i></p> <p>d) Disposable Medical Supplies (DMS) – <i>not obtained from a pharmacy</i></p> <p>e) Orthotics and Prosthetics</p> <p>Maximum Benefit Level: \$2,500 per member per calendar year paid by health benefit plan for DME, Repairs, DMS, Oxygen, and Orthotics/Prosthetics combined. Diabetic and injectable supplies are not subject to the annual limit.</p>	<p>a) 30% copayment after deductible</p> <p>b) 30% copayment, not subject to deductible, up to maximum member copayment of \$150.</p> <p>c) 30% copayment, not subject to deductible, up to maximum member copayment of \$150.</p> <p>d) 30% copayment after deductible</p> <p>e) 30% copayment after deductible</p> <p>Orthotics covered only for diabetes. Arm, leg, and breast prosthetics, mastectomy bras, rehabilitative and habilitative devices are not subject to the annual limit.</p> <p>Copayments do not apply toward annual out-of-pocket maximum.</p> <p>Certain DME items obtained from a pharmacy (as designated on the Rocky Mountain Formulary) are not subject to the Maximum Benefit Level.</p>
<p>23. OXYGEN</p> <p>Maximum Benefit Level: \$2,500 per member per calendar year paid by health benefit plan for DME, Repairs, DMS, Oxygen, and Orthotics/Prosthetics combined.</p>	<p>30% copayment after deductible</p> <p>Copayments do not apply toward annual out-of-pocket maximum.</p>
<p>24. ORGAN TRANSPLANTS</p> <p>a) Inpatient care</p> <p>b) Outpatient care</p>	<p>a) 30% copayment after deductible</p> <p>b) 30% copayment after deductible</p>
<p>25. HOME HEALTH CARE</p>	<p>30% copayment after deductible</p> <p>Maximum Benefit Level: 60 visits per member per calendar year.</p>
<p>26. HOSPICE CARE</p>	<p>30% copayment, not subject to deductible</p> <p>Maximum Benefit Level: Respite care is limited to periods of 5 days or less.</p>
<p>27. SKILLED NURSING FACILITY CARE</p>	<p>30% copayment after deductible.</p> <p>Maximum Benefit Level: 60 days per member per calendar year.</p>
<p>28. DENTAL CARE</p>	<p>Routine: Not covered.</p> <p>Non-Routine: Applicable copayment based on type of service for repair to sound and natural teeth due to accidental injury.</p>
<p>29. VISION CARE</p>	<p>Annual Routine Vision Screening: \$35 copayment, not subject to deductible. Copayments do not apply toward annual out-of-pocket maximum.</p> <p>Non Routine: Applicable copayment based on type of service for treatment due to injury or disease of the eye.</p>
<p>30. CHIROPRACTIC CARE</p>	<p>Coverage may be obtained as an optional benefit.</p>

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31. SIGNIFICANT ADDITIONAL COVERED SERVICES (list up to 5)	<p>1) <u>Cancer Screening Coverages and Parameters:</u> Subject to the parameters set forth below, cancer screening tests for the following items are covered subject to any applicable plan deductibles, copayments/ coinsurance, and maximum benefit levels:</p> <ul style="list-style-type: none"> •Breast – Mammogram •Cervical – PAP test •Colorectal – Colonoscopy, Sigmoidoscopy, Fecal Occult Blood •Ovarian – CA125 •Prostate – PSA <p>Coverage for these cancer screening tests are subject to the following parameters:</p> <p>a) the test must be ordered by your physician, and b) you must comply with plan procedures</p> <p>2) <u>Treatment for Autism Spectrum Disorders (ASD):</u> All plans issued or renewed on or after July 1, 2010, will provide coverage for autism spectrum disorders as follows: Copayment/Coinsurance determined by place/type of service. For members from birth up to 9 years of age, the annual maximum benefit level for applied behavior analysis for ASD is \$34,000. For members from 9 years of age up to 19 years of age, the annual maximum benefit level for applied behavior analysis for ASD is \$12,000. No day, visit, or dollar limits other than the annual maximum benefit levels apply.</p> <p>3) <u>Tobacco cessation:</u> Specialized health education services when available. Currently, a tobacco cessation program is available through the Colorado QuitLine 1-800-QUITNOW (800-784-8669). The program is available at no cost to members and includes counseling services and nicotine replacement therapy. Prescription smoking cessation drugs are provided at no cost for the first course of therapy in conjunction with counseling services provided through the program.</p>

PART C: LIMITATIONS AND EXCLUSIONS

32. PERIOD DURING WHICH PRE-EXISTING CONDITIONS ARE NOT COVERED.¹⁰	<p>For Business Groups of One: Twelve months for all pre-existing conditions (18 months for late enrollees) unless the covered person is a HIPAA-eligible individual as defined under federal and state law or a child under the age of 19, in which case there are no pre-existing condition exclusions.</p> <p>For small groups (with less than 51 employees): Six months for all pre-existing conditions (18 months for late enrollees) unless the covered person is a HIPAA-eligible individual as defined under federal and state law or a child under the age of 19, in which case there are no pre-existing condition exclusions.</p> <p>For large groups (with 51 or more employees): Not applicable; plan does not impose limitation periods for pre-existing conditions.</p>
33. EXCLUSIONARY RIDERS. Can an individual's specific, pre-existing condition be entirely excluded from the policy?	No.

<p>34. HOW DOES THE POLICY DEFINE A “PRE-EXISTING CONDITION”?</p>	<p>For Business Groups of One: A pre-existing condition is a condition for which medical advice, diagnosis, care, or treatment was recommended or received within the last twelve months immediately preceding the date of enrollment or, if earlier, the first day of the waiting period; except that pre-existing condition exclusions may not be imposed on children under the age of 19, a newly adopted child, a child placed for adoption, a newborn, other special enrollees, or for pregnancy.</p> <p>For small groups: A pre-existing condition is a condition for which medical advice, diagnosis, care, or treatment was recommended or received within the last six months immediately preceding the date of enrollment or, if earlier, the first day of the waiting period; except that pre-existing condition exclusions may not be imposed on children under the age of 19, a newly adopted child, a child placed for adoption, a newborn, other special enrollees, or for pregnancy.</p> <p>For large groups: Not applicable. Plan does not exclude coverage for pre-existing conditions.</p>
<p>35. WHAT TREATMENTS AND CONDITIONS ARE EXCLUDED UNDER THIS POLICY?</p>	<p>Exclusions vary by policy. A list of exclusions is available immediately upon request from your carrier, agent, or plan sponsor (e.g., employer). Review the list to see if a service or treatment you may need is excluded from the policy.</p>

PART D: USING THE PLAN

	IN-NETWORK
<p>36. Does the enrollee have to obtain a referral and/or prior authorization for specialty care in most or all cases?</p>	<p>No</p>
<p>37. Is prior authorization required for surgical procedures and hospital care (except in an emergency)?</p>	<p>Yes</p>
<p>38. If the provider charges more for a covered service than the plan normally pays, does the enrollee have to pay the difference?</p>	<p>No</p>
<p>39. What is the main customer service number?</p>	<p>800-346-4643</p>
<p>40. Who do I write/call if I have a complaint or want to file a grievance?¹¹</p>	<p>Rocky Mountain Health Plans Member Concerns Coordinator P.O. Box 10600 Grand Junction, CO 81502-5600</p>
<p>41. Whom do I contact if I am not satisfied with the resolution of my complaint or grievance?</p>	<p>Write to: Colorado Division of Insurance, ICARE Section 1560 Broadway, Suite 850 Denver, CO 80202</p>
<p>42. To assist in filing a grievance, indicate the form number of this policy; whether it is individual, small group, or large group; and if it is a short-term policy.</p>	<p>Policy Form <u>RM Vista HMO 4000/70 Group Plan</u> – Group-all sizes</p>
<p>43. Does the plan have a binding arbitration clause?</p>	<p>Yes, to the extent permitted by law.</p>

¹ “Network” refers to a specified group of physicians, hospitals, medical clinics and other health care providers that your plan may require you to use in order for you to get any coverage at all under the plan, or that the plan may encourage you to use because it may pay more of your bill if you use their network providers (i.e., go in-network) than if you don’t (i.e., go out-of-network).

² “Deductible Type” indicates whether the deductible period is “Calendar Year” (January 1 through December 31) or “Benefit Year” (i.e., based on a benefit year beginning on the policy’s anniversary date) or if the deductible is based on other requirements such as a “Per Accident or Injury” or “Per Confinement”.

^{2a} “Deductible” means the amount you will have to pay for allowable covered expenses under a health plan during a specified time period (e.g., a calendar year or benefit year) before the carrier will cover those expenses. The specific expenses that are subject to deductible may vary by policy. Expenses that are subject to deductible should be noted in boxes 8 through 31.

^{2b} “Individual” means the deductible amount you and each individual covered by a non-HSA qualified policy will have to pay for allowable covered expenses before the carrier will cover those expenses

^{2c} “Family” is the maximum deductible amount that is required to be met for all family members covered by a non-HSA qualified policy and it may be an aggregated amount (e.g., “\$3,000 per family”) or specified as the number of individual deductibles that must be met (e.g., “3 deductibles per family”).

³ “Out-of-pocket maximum” means the maximum amount you will have to pay for allowable covered expenses under a health plan, which may or may not include the deductibles or copayments, depending on the contract for that plan. The specific deductibles or copayments included in the out-of-pocket maximum may vary by policy. Expenses that are applied toward the out-of-pocket maximum should be noted in boxes 8 through 31.

⁴ Medical office visits include physician, mid-level practitioner, and specialist visits, including outpatient psychotherapy visits for biologically based mental illness.

⁵ Well baby care includes an in-hospital newborn pediatric visit and newborn hearing screening. The hospital copayment applies to mother and well-baby together; there are not separate copayments.

⁶ Prescription drugs otherwise excluded are not covered, regardless of whether preferred generic, preferred brand name, or non-preferred.

⁷ “Emergency care” means all services delivered in an emergency care facility that are necessary to screen and stabilize a covered person. The plan must cover this care if a prudent lay person having average knowledge of health services and medicine and acting reasonably would have believed that an emergency medical condition or life or limb threatening emergency existed.

⁸ Non-emergency care delivered in an emergency room is covered only if the covered person receiving such care was referred to the emergency room by his/her carrier or primary care physician. If emergency departments are used by the plan for non-emergency after-hours care, then urgent care copayments apply.

⁹ “Biologically based mental illnesses” means schizophrenia, schizoaffective disorder, bipolar affective disorder, major depressive disorder, specific obsessive-compulsive disorder, and panic disorder.

¹⁰ Waiver of pre-existing condition exclusions. State law requires carriers to waive some or all of the pre-existing condition exclusion period based on other coverage you recently may have had. Ask your carrier or plan sponsor (e.g., employer) for details.

¹¹ Grievances. Colorado law requires all plans to use consistent grievance procedures. Write the Colorado Division of Insurance for a copy of those procedures.

GRANDFATHERED PLAN NOTICE FOR GROUP PLANS

THIS GRANDFATHERED PLAN NOTICE FOR GROUP PLANS is provided to you in connection with Rocky Mountain Health Plan (“RMHP”) plan materials, as required by the Patient Protection and Affordable Care Act (“Affordable Care Act”) and related regulations.

This plan is available to both grandfathered and non-grandfathered group health plans under the Affordable Care Act. Grandfathered health plans are group health plans in which an individual was enrolled on March 23, 2010, and which maintain grandfathered status in accordance with Affordable Care Act regulations. Your group health plan may be a grandfathered health plan under the Affordable Care Act. Your Evidence of Coverage will state if the carrier believes that your group health plan is a grandfathered health plan.

As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your Evidence of Coverage may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing (although most grandfathered RMHP plans provide coverage for preventive services without cost sharing). However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to your employer or your plan administrator identified in your Summary Plan Description. You may also contact the Employee Benefits Security

Administration, U.S. Department of Labor at 1-866-444-3272 or www.dol.gov/ebsa/healthreform. This website has a table summarizing which protections do and do not apply to grandfathered health plans.