



August 25, 2005



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BROKER BRIEFINGS
NEWS
flash

Life Strategies RMHP's new Behavioral Health Provider

Effective September 1, 2005

RMHP has been contracting with Horizon Health for behavioral services to provide network and Utilization Management for our members on the Front Range. Horizon Health is exiting the managed care risk business in Colorado and will no longer administer the mental health and substance abuse benefits for Rocky Mountain Health Plan members effective August 31, 2005.

Life Strategies, a behavioral health services company, will begin to manage all behavioral health and substance abuse benefits for RMHP members on the Front Range effective September 1, 2005.

Here are some answers to questions you might have:

- Life Strategies, a behavioral health services company, will begin to manage all behavioral health and substance abuse benefits for RMHP members on the Front Range effective September 1, 2005.
- Life Strategies is a nationwide behavioral health services organization with more than 18 years of experience. Because of Life Strategies background and experience, we believe contracting with them is the best decision RMHP can make for our members. We look forward to a strong and productive relationship that ensures the behavioral health needs of our members are met.
- Until September 1, 2005, the current provider, Horizon Health Corporation, remains responsible for all member authorization and claims payment for any services requested or provided. If a member calls for a new referral in late August, Horizon will advise them of the upcoming change to Life Strategies and give them a new referral for services as requested.
- We are making this change because Horizon notified RMHP of its intent to terminate all of its managed behavioral health care contracts effective August 31, 2005. Horizon made the decision to focus primarily on its core competencies — employee assistance programs (EAPs) and administrative services only (ASO) operations.



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- Members currently using behavioral health services have received a letter explaining the change. Horizon has sent a notice to their providers advising them of the change.
- The Life Strategies provider network will incorporate the following activities as a part of the transition:
 - ✓ Horizon providers not currently contracted with Life Strategies will be encouraged to join the Life Strategies panel so as to not disrupt the member's care.
 - ✓ Members currently in care will have a 60-day period to complete their care with their Horizon provider or to transition to a Life Strategies contracted provider.
- **Members** can call Life Strategies **after September 1, 2005**, with questions regarding this transition process or to request a new treatment referral at 800-382-6871. The Horizon toll-free number will also direct them to the new Life Strategies number.
- **Providers** requesting information on how to join the Life Strategies network should call 800-716-1166

Thank You!

As always, if you have any questions or comments or need assistance, please call your Rocky Mountain Health Plans Account Executive.

Grand Junction 970-244-7760 or 800-453-2981	Denver 303-689-7367 or 800-823-8356
Durango 970-385-5131 or 888-662-6489	Pueblo 719-253-3900 or 888-332-8963
Glenwood Springs 970-928-8618 or 800-793-1339	Colorado Springs 719-632-1237