



It Is Your Right

- To receive information about RMHP and its services, physicians, and health care providers
- To be treated with respect and with recognition of your dignity and right to privacy
- To accept or refuse medical treatment to the extent provided by Colorado state law and to participate in making decisions about your health care
- To have open discussion with health care providers about appropriate or medically necessary treatment options for your conditions, regardless of cost or benefit coverage
- To bring complaints to RMHP, the Insurance Commissioner of the State of Colorado, or the Department of Health Care Policy and Financing
- To expect all communications regarding your care to be kept confidential as required by law
- To freely exercise your rights without being treated differently
- To be free from the use of physical restraint or being isolated. These methods may not be used to make you cooperate, to punish you, for the ease of the caregiver, or as a way of getting back at you.
- To get family planning services from any Medicaid provider, with no referral
- To request and receive your medical records and to have them changed according to federal law

And Your Responsibility

- To choose a Primary Care Physician (PCP) for each member of your family who will provide or arrange for all your medical care needs and to make known to your PCP any advance directive regarding your medical care
- To obtain a referral from your PCP to specialists and other health care providers, except in cases of medical emergencies, urgent care when outside the service area, obstetrical or gynecological care, and eye care
- To learn about your RMHP health care benefits, procedures, and limitations and to be cooperative and considerate with health care providers and staff
- To inform RMHP Customer Service of your PCP changes and membership changes, such as address change, marriage, birth of a child, adoption of a child, or employment termination if covered through a RMHP group
- To assume responsibility for copayments and costs associated with certain health care services and any services that are not covered by Medicaid
- To furnish the health care provider with all information necessary for you to receive appropriate care and follow the care and instructions agreed upon with your provider
- To tell RMHP about any other insurance you may have, including Medicare
- To follow the role of RMHP Medicaid as described in this member handbook
- To follow RMHP steps in this handbook for complaints and grievances