ROCKY MOUNTAIN HEALTH PLANS®
We understand Colorado. We understand you.

Broker Briefing

6/15/2012

Q3, 2012 Small Group Rates and Mandated Benefit Change

Rocky Mountain Health Plans (RMHP) has extended our Q2, 2012 small group rates through September 2012.

Log into access|RMHP here.

If you need assistance with logging into access|RMHP, please contact technical support here or at 877-907-7647, Option 1.

Effective August 1, 2012, RMHP will provide 100% in-network coverage for the following preventive services for women. All group and individual plans will include these benefits, regardless of Grandfathered status.

Breastfeeding: Comprehensive support and counseling from trained providers, as well as access to breastfeeding supplies for pregnant and nursing women.

- RMHP will provide 100% in-network coverage for the rental or purchase of a manual or electric breast pump, up to the cost of the RMHP "preferred" breast pump. Counseling from trained providers will be covered with no office visit copay.

Gestational Diabetes screening: screening for women 24 to 28 weeks pregnant and those at high risk of developing gestational diabetes.

- Currently covered in routine OB care. High glucose blood tests will be covered at 100%.

Domestic and interpersonal violence screening and counseling for all women.

- Currently covered in annual PCP examination at no charge.

HPV DNA testing

- Per regulation, RMHP will cover testing for women older than 30, every three years.

Sexually Transmitted Infections, Counseling; and HIV screening and counseling for sexually active women.

- Currently covered in annual PCP examination at no charge.

Well-woman visits to obtain recommended preventive services for women under age 65

- RMHP currently provides this coverage at 100%.

Contraception and contraceptive counseling for women.

- RMHP will provide 100% in-network coverage for patient education & counseling.
- RMHP will provide 100% in-network coverage for the following FDA-approved contraceptive methods:
  - Generic oral contraceptives
  - Injectable contraception (Depo-Provera)
  - Contraceptive patch
  - Emergency contraception ("Plan B" with physician Rx)
  - Barrier contraception (Diaphragm with physician Rx)
  - Hormonal contraception (NuvaRing with physician Rx)
  - Implanted contraception
    - Copper IUD
    - Nexplanon Implant
    - Mirena IUD
  - Surgical sterilization
    - Hysteroscopy
    - Tubal ligation
- RMHP does not cover abortifacient drugs

Amendments will be mailed to all employer groups and Subscribers in July. RMHP will send you a copy of the mailing prior to distribution.

As always, if you have any questions, comments or need assistance,
please call your Rocky Mountain Health Plans Executive.

Grand Junction — Headquarters
2775 Crossroads Blvd.
Grand Junction, CO 81506
970-244-7760
800-453-2981

RMHP Denver
6251 Greenwood Plaza Blvd.
Suite 250
Greenwood Village, CO 80111
303-689-7367
800-823-8356

RMHP Durango
555 RiverGate Lane
Unit B1-109
Durango, CO 81301
970-385-5131
888-662-6489