

FOR IMMEDIATE RELEASE



ROCKY MOUNTAIN HEALTH PLANS®

We understand Colorado. We understand you.

RMHP PARTNERS WITH DENVER CUTTHROATS FOR LOCAL YOUTH HOCKEY CLINIC IN VAIL

GRAND JUNCTION, Colo. (January 24, 2014) – Rocky Mountain Health Plans (RMHP) is pleased to sponsor the Denver Cutthroats' free hockey clinic for local Junior Hockey players on January 25, 2014 from 1:00 pm to 3:30 pm at Dobson Ice Arena in Vail, CO. This unique experience will allow local youth to learn from the pros and receive instruction from Assistant Coach Brad Smyth on all aspects of hockey, from fundamentals to skills to technique.

In addition, RMHP has secured David Baker, Psy. D. and Board Certified Holistic Health Practitioner, Tami Monaghan, who will address preventing sports injuries on and off the ice, identifying symptoms of concussions, and the benefits of good nutrition. Dr. Baker is an Assistant Clinical Professor of Pediatrics at the University of Colorado-School of Medicine and serves as a Pediatric Neuropsychologist in the Concussion Program at Children's Hospital Colorado. Dr. Baker has specific interest in concussion or mild traumatic brain injury (mTBI) in children and teens and has published numerous journal articles related to this topic. Along with seeing hundreds of concussion patients each year, he is also the Concussion Program's school outreach liaison and provides education, training, and consultation to various school districts across the state.

To register your child for this free clinic, email Anders Nelson of the Denver Cutthroats at anelson@denvercutthroats.com. You must include the hockey player's name, age, and gender. Parents will need to be present at the clinic to sign a release form, prior to participation.

During their stay in Vail, Denver Cutthroats will also host the Arizona Sundogs at Dobson Ice Arena on Friday, January 24 at 7:00 pm and Saturday, January 25 at 6:00 pm. For ticket information, visit TicketsWest.com/DenverCutthroats or call 866-464-2626.

"We are thrilled to partner with the Denver Cutthroats and offer this invaluable educational experience to our community, as well enjoy exciting games between the Cutthroats and Sundogs." said Nicole Ornelas, Director of RMHP's Strategic Development.

About Rocky Mountain Health Plans

Founded in 1974 in Grand Junction, Colorado, as a locally-owned, not-for-profit organization, Rocky Mountain Health Plans uniquely understands the needs of Colorado and the people who live here. We provide access to affordable, quality health care enabling our more than 220,000 Members to live longer, healthier lives. For more information, visit rmhp.org.

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